

# Go With the Flow

LINEDANCE.COM

**Count:** 48

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Andrina K Faulds (SCO) - August 2021

**Music:** - Derek Ryan

## No tags or restarts

**Approx. 24 counts intro - start on the words as I went out walking - Step forward on walking**

**Section 1 - Step forward right turn 1/4 right sweep, weave right, step slide right, step left touch step forward**

- 1-3** Turn  $\frac{1}{4}$  R stepping R fwd starting to sweep L from back to front (1), finish sweep (2-3)
- 4-6** Cross left over Right (4), step Right to Right side (5), cross Left behind Ill (6)
- 7-9** Step Right to Right side (7), slide Left towards I (8), touch Left next to Right (9)
- 10-12** Step left to left side(10), touch right next to left 11), step forward on right to face diagonal (12)

## Section 2 - Diamond turning 7/8 L

- 1-3** Step Left forward(1), turn 1/8 Left stepping Right to Right side (2), turn 1/8 Left stepping back on Left (3)
- 4-6** Step back on Right (4), turn 1/8 Left stepping Left to Left side (5), turn 1/8 Left stepping Right forward (6)
- 7-9** Step Left forward (7), turn 1/8 Left stepping Right to Right side (8), turn 1/8 Left stepping back on Left (9)
- 10-12** Step back on Right (10), turn 1/8 Left stepping Left to Left side (11), step Right forward (12)

## Section 3 - Step forward left with kick, back sweep right and left, right coaster

- 1-3** Step forward left(1), Slowly low kick right forward with pointed to(2,3)
- 4-6** **step back right (4) sweep left back (5,6)**
- 7-9** **step back left(7), sweep right back (8,9)**
- 10-12** **step back right (10), step left next to right (11), step forward right (12)**

## **Section 4 - Full turn over right shoulder, right twinkle, left twinkle, right cross and hitch up**

**1-3** step forward left(1), Turn (pivot) full turn over right shoulder (2,3) landing on right foot

**4-6** Cross step right over left (4), step left of right (5), step right next to left (6)

**7-9** Cross step left over right (7), step right of left (8), step left next to right (9)

**10-12** Right cross over left (10), step left to left side (11), hitch right up next to left (12)

**When music goes quiet please continue to dance**

**This is my first time writing a waltz and any feedback would be greatly appreciated**

**Happy dancing - Andrina x**