

AB a Boy Like Me

LINEDANCE.COM

Count: 32

Wall: 1

Level: Absolute Beginner / Beginner

Choreographer: Janet Cummings (USA) - 4 August 2021

Music: - Aaron Goodvin

Intro: 32 Counts - (Beat is Double Time) - Start on words - No Tags/Restarts

Weight on Left...

SECTION 1: FWD STEP, LOCK, STEP, TOUCH; STEP, SWAY, STEP, SWAY

1, 2, 3, 4 Right Step Forward, Left Step Close Behind Right, Right Step Forward, Left Touch

5, 6 Step Left, Sway Hips to Left

7, 8 Step Right, Sway Hips to Right

NOTE FOR BEGINNERS...4-wall dance! Step, Lock, Step, Turn ¼ Right (4), Step Left (5) Sway Left (6), Step Right (7), Sway Right (8)...no other changes needed.

SECTION 2: BACK STEP, LOCK, STEP, TOUCH; STEP, SWAY, STEP, SWAY

1, 2, 3, 4 Left Step Back, Right Cross in Front of Left, Left Step Back, Right Touch

5, 6 Step Right, Sway Hips to Right

7, 8 Step Left, Sway Hips to Left

SECTION 3: R HEEL, HOOK, SIDE STEP, SLIDE; L HEEL, HOOK, SIDE STEP, SLIDE

1, 2 Right Heel Tap Forward, Bend Right Knee and Hook Right Foot Across Left Shin

3, 4 Right Step to Side, Left Slide Together (Without Weight)

5, 6 Left Heel Tap Forward, Bend Left Knee and Hook Left Foot Across Right Shin

7, 8 Left Step to Side, Right Slide Together (Without Weight)

NOTE: If the Cross Hook is a problem on Steps 1, 2 & 5, 6 try a Heel Tap With a Flick

SECTION 4: FORWARD HEEL STRUT, BACK TOE STRUT; ROCKING CHAIR

1, 2 Right Heel Step Forward, Drop Toe (Heel Strut)

3, 4 Left Toe Step Back, Drop Heel (Toe Strut)

5, 6, 7, 8 Right Rock Forward, Left Recover, Right Rock Back, Left Recover

Begin Again!

NOTE...I'd like to take just a moment to thank all who have shared this leg of my journey with me...line dancing. Throughout my three year trek as a choreographer (in my 7th decade) I have put together dances covering Absolute Beginner (this dance is #26 in my AB Series), Beginner, High Beginner/Improver, and Intermediate - totalling 67 overall. I am so blessed because dance is my passion.

My goal from day one was never to be the best, my goal was to inspire...maybe move just one person from the couch - in the comfort of their home - with no need for embarrassment, judgment, or time constraints. I've received comments from all over the world through texts and emails acknowledging some level of success, so for as long as possible I will continue to share my God-given talents. Thank you again for your support because my dancing feet are happy feet! Stay happy, well, and safe, God bless.

Contact: jcummings246@aol.com