

And I Say

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Count: 32 **Wall:** 4 **Level:** Phrased Intermediate

Choreographer: Gary O'Reilly (IRE) - July 2021

Music: - Hannah Grace & Sonny

Music Available from iTunes & Amazon

#32 count intro

Sequence AAB AA AAB AAB B

Section A

Section 1: ROCK FWD, ½, ROCK FWD, ½, ½ SWEEP, BEHIND, SIDE, CROSS ROCK, SIDE, TOUCH

1 2 & Rock forward on R (1), recover on L (2), ½ turn R stepping forward on R (&) (6:00)

3 4 & Rock forward on L (3), recover on R (4), ½ turn L stepping forward on L (&) (12:00)

5½ turn L stepping back on R sweeping L from front to back (5) (6:00)

6 & Cross L behind R (6), step R to R side (&)

7 & Cross rock L over R (7), recover on R (&)

8 & Step L to L side (6), touch R next to L (&)

Section 2: SIDE/Drag, BEHIND, SIDE, CROSS ROCK, ¼, PRISSY WALK, PRISSY WALK, ROCKING CHAIR

1 2 & Long step to R side dragging L (1), cross L behind R (2), step R to R side (&)

3 4 & Cross rock L over R (3), recover on R (4), ¼ turn L stepping forward on L (&) (3:00)

5 6 Walk forward on R slightly crossing over L (5), walk forward on L slightly crossing over R (6)

7&8& Rock forward on R (7), recover on L (&), rock back on R (8), recover on L (&)

Section B

Section 1: HITCH, SWEEP, SWEEP, BEHIND, SIDE, HITCH, SWEEP, SWEEP, BEHIND, SIDE

11/8 L stepping forward on R hitching L knee into figure 4 (1) (4:30)

2 3 Step back on L sweeping R around from front to back (2), step back on R sweeping L around from front to back (3)

4 &1/8 R crossing L behind R (4), step R to R side (&) (6:00)

5 1/8 R stepping forward on L hitching R knee into figure 4 (5) (7:30)

6 7 Step back on R sweeping L around from front to back (6), step back on L sweeping R around from front to back (7)

8 &1/8 L crossing R behind L (8), step L to L side (&) (6:00)

Section 2: CROSS, FULL UNWIND, BASIC NC, SWAY, SWAY, BACK/SWEEP, BEHIND, SIDE

1 2 Cross R over L (1), unwind full turn over L (weight ends on L) (2) (6:00)

3 4 & Long step R to R side (3), rock L behind R (4), recover on R (&)

5 6 Step L to L side swaying L (5), sway R (weight ends on R) (6)

7 8 & Walk back on L sweeping R from front to back (7), cross R behind L (8), step L to L side (&)

ENDING: Dance 14 counts of the final B, finishing the dance by swaying over 6 counts with hands out in front, palms facing up "what's going on" (12:00)

Sing it up & have fun!

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