

Strong & Sweet

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Count: 36 **Wall:** 2 **Level:** Improver

Choreographer: Ann-Jeanett Ramsvatn (DK) - July 2021

Music: - Madeline Merlo

Intro: 16 Counts after She says "Here We Go".

Section 1: Out Out, Swivel, Coaster Step, Prissy Walks

- 1-2** Step out on R, Step out on L
- 3&4** Swivel both feet in (heel toe heel)
- 5&6** Step back on L, Step R beside L, Step fwd on L
- 7-8** Step R fwd crossed over L, Step L fwd crossed over R

Restart wall 3

Section 2: Heel Hook Heel, Hitch, Back Hitch x2, Coaster Step, Mambo ¼ Turn.

1&2&R heel fwd, Hook R over L, R heel fwd, Hitch R knee

- 3&4&** Step back on R, Hitch L Knee, Step back on L, Hitch R knee
- 5&6** Step back on R, Step L beside R, Step fwd on R
- 7&8** Rock fwd on L, Recover on R, ¼ turn L as you step L to L side

Section 3: Vaudeville x 2, Cross, Side, Behind Side Cross

- 1&2&** Cross R over L, Step L to L side, R heel diagonal, Step R beside L
- 3&4&** Cross L over R, Step R to R side, L heel diagonal, Step L beside R
- 5-6** Cross R over L, Step L to L side
- 7&8** Step R behind L, Step L to L Side, Cross R over L

Section 4: Point & Point, Point Hitch Point, Sailor ¼ turn, Ball Step, Scuff Hitch.

1&2&point L to L side, step L beside R, Point R to R side, Step R beside L

- 3&4** Point L to L side, Hitch L knee, Point L to L side
- 5&6** Turn ¼ turn L stepping back on L, step R beside L, Step fwd on L
- &7-8** Step R beside L, Step fwd on R, Scuff R and hitch R knee

Restart wall 4

Section 5: Rocking Chair

1-4 Rock fwd on R, Recover on L, Rock back on R, Recover on L

TAG: At the end of wall 1 & 5 . Out Out, In In

1&2& Step out on R, Step out on L, Step back in place on R, Step back in place on L

3&4& Step out on R, Step out on L, Step back in place on R, Step back in place on L

RESTART: wall 3 after Prissy walks & wall 4 after Scuff hitch (don't do the Rocking chair)

ENDING: After Sailor $\frac{1}{4}$ turn, do step $\frac{1}{2}$ turn L (step fwd on R, turn $\frac{1}{2}$ turn L)

HAVE FUN!

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