

# Muddy Water Healing

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Maddison Glover (AUS) & Adrian Lefebour (AUS) - March 2021

**Music:** - Morgan Wallen

**(Choreographed for the NSW Line Dance Charity Ball Workshop. Raising funds for Ronald McDonald House GWS)**

**Back, Coaster Cross,  $\frac{1}{4}$  Scissor Step,  $\frac{3}{4}$  Turn, Side, Together**

- 1,2&3**      Step R back as you drag L heel back, step L back, step R together, cross L over
- 4&**            Step R to R side, step L together as you begin to turn  $\frac{1}{4}$  L
- 5**             Complete the  $\frac{1}{4}$  turn as you step R fwd (9:00)
- 6&7**        Make  $\frac{1}{2}$  turn R as you step L back (3:00), turn  $\frac{1}{4}$  R stepping R to R side (6:00), cross L over R
- 8&**            Step R to R side, step L together

**Toe Struts Back x2, Back Rock/Recover,  $\frac{1}{2}$  Turning Toe Strut Back, Back Rock/Recover,  $\frac{1}{4}$  Turning Side Toe Strut, Back Rock/Recover, Side, Behind**

- 1&2&**        Touch R toe back, drop R heel to floor, touch L toe back, drop L heel to floor
- 3&4&**        Rock R back, recover fwd onto L, make  $\frac{1}{2}$  turn L as you touch R toe back, drop R heel to floor (12:00)
- 5&6&**        Rock L back, recover fwd onto R, make  $\frac{1}{4}$  turn R as you touch L toe to L side, drop L heel to floor (3:00)
- 7&8&**        Rock R back, recover fwd onto L, step R to R side, cross L behind R

**Side, Touch, Side, Kick Across, Side, Together, Side, Back Rock/ Recover, Side, Behind,  $\frac{1}{4}$  Forward, Hitch, Forward, Hitch**

- 1&2&**        Step R to R side, touch L beside R, step L to L side, kick R across L (low)
- 3&4**            Step R to R side, step L together, large step R to R side
- 5&6&**        Rock back onto L, recover weight fwd onto R, step L to L side, cross R behind L
- 7&8&**        Turn  $\frac{1}{4}$  L stepping L fwd (12:00), hitch R knee, step R fwd/ slightly across L, hitch L knee

**Forward, Lock, Forward with Sweep, Front, Side, Behind with Sweep, Behind, Side, Cross Rock/Recover,  $\frac{1}{4}$  Forward, Rock Fwd/ Recover**

- 1&2** Step L fwd, lock R behind L, step L fwd as you sweep R fwd/around (anti-clockwise)
- 3&4** Cross R over L, step L to L side, cross R behind L as you sweep L back/around (anti-clockwise)
- 5&6&** Cross L behind R, step R to R side, cross rock L over R, recover weight back onto R
- 7,8&** Turn  $\frac{1}{4}$  L stepping L fwd, rock R fwd, recover weight back onto L

## **RESTARTS**

**During the third sequence, start the dance facing 6:00. Dance to count 8& and restart the dance facing 12:00.**

**During the seventh sequence, start the dance facing 3:00. Dance to count 8& and restart the dance facing 9:00.**

## **ENDING**

**During wall 9 dance to count 16 (facing 9:00) then turn  $\frac{1}{4}$  R to 12:00 as you stomp R forward.**

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