

Upside Shake

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Count: 64

Wall: 4

Level: Intermediate

Choreographer: Michelle Risley (UK) & Cody Flowers (USA) - March 2021

Music: - Judith Hill

Intro: 16 counts - No Tags, No Restarts

Section 1: Walk, Walk, Rock, Recover, $\frac{1}{4}$ Turn R, Cross, Side, Behind, Side, Cross

- 1-2 Step right forward, Step left forward
- 3&4 Step right forward, Recover on to left, $\frac{1}{4}$ turn right stepping right to right
- 5-6 Step left across right, Step right to right
- 7&8 Step left behind right, Step right to right, Step left across right

Section 2: Side, Together, Shuffle Forward, Side, Together, Shuffle Back

- 1-2 Step right to right side, Step left beside right
- 3&4 Right shuffle forward stepping, R, L, R
- 5-6 Step left to left side, Step right beside left
- 7&8 Left shuffle back stepping, L, R, L

Section 3: Back, Back, Shuffle Back x2

- 1-2 Step back on right, Step back on left
- 3&4 Right shuffle back stepping, R, L, R
- 5-6 Step back on left, Step back on right
- 7&8 Left shuffle back stepping, L, R, L

Section 4: Side Rock, Recover, Cross (x2), $\frac{1}{2}$ Paddle Turn L

- 1&2 Rock right to right side, Recover weight to left, Cross right over left
 - 3&4 Rock left to left side, Recover weight to right, Cross left over right
- 5&6 $\frac{1}{8}$ Turn left touch right to side, $\frac{1}{8}$ turn left touch right to side**
- 7&8 $\frac{1}{8}$ Turn left touch right to side, $\frac{1}{8}$ turn left touch right to side**

Enjoy! Happy Dancing