

# Me n You One Heart

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**Count:** 72      **Wall:** 2      **Level:** Phrased Intermediate

**Choreographer:** Dodo Wong (CAN) - March 2021

**Music:** - Z.TAO

**This dance is dedicated to My Students & dancers dance virtually with me for a year during COVID-19.**

**Wishing Everyone Stay Safe, Healthy & Happy Dancing.**

**Intro: 16 counts - Sequence: A16, Tag, AAB, AB, AB**

**Part A: 32 counts**

**Section 1: Touch Out, Monterey 1/4R, Syncopated Vine R & L**

- 1-2 3&4&** Touch right toe out, step right together left & make a 1/4R with sweep L out, cross left over right, step right to side, cross left behind right, step right to side (3:00)
- 5-6-7 8&1** Cross left over right, step right to side, cross left behind right & sweep right from front to back, cross right behind left, step left to side, step right forward

**Section 2: Fwd, Extend Step Lock Steps, Pivot 1/2R, Run 3 Steps**

- 2 3&4&5** Step left forward, step right forward, lock left behind right, step right forward, lock left behind right, step right forward
- 6-7 8&1** Step left forward, pivot 1/2R, run 3 steps L/R/L (9:00)

**\*Restart here on first A then do the Tag**

**Tag (4 counts): Step left forward (1), bounces heels 1/4R (2-3-4) (Both hands make a heart shape & bomb 4 times in front of your chest) end weight on left for restart A**

**Section 3: Pivot 1/4R, Left Jazz Box Cross, Coaster, Swivel heels 1/2L**

- 2 3&4&** Pivot 1/4R, cross left over right, step right back, step left back, cross right over left (12:00)
- 5-6-7 8&1** Step left back, step right together, step left forward, Forward right, swivel left heel 1/4L, swivel right heel 1/4L (6:00)

#### **Section 4: Rock Back, Recover, Left Cross Samba, Fwd Rock, Recover, Back, Together**

**2-3 4&5** Rock left back, recover onto right, step left cross right, rock right to side, recover onto left

**6-7 8&** Rock right forward, recover onto left, step right back, step left together

#### **Part B: 40 counts**

#### **Section 1: Touch Out, Side, Cross, Side, Cross, Unwind Full R, Left Rocking Chair Diagonal, Touch**

**1-2-3-4-5-6** Touch right toe out, step right to side, cross left over right, step right to side, cross left over right, unwind full R and weight on R (12:00)

**7&8&1** Rock left diagonal left, recover onto right, rock left back diagonal, recover onto right, touch left beside right

#### **Section 2: Side, Cross, Side, Cross, Unwind Full L, Right Rocking Chair Diagonal, Touch**

**2-3-4-5-6** Step left to side, cross right over left, step left to side, cross right over left, unwind full L and weight on L (12:00)

**7&8&1** Rock right diagonal right, recover onto left, rock right back diagonal, recover onto left, touch right beside left

#### **Section 3: Sway R/L/R, Big Side, Drag, V-Shape Out, Out, In, In**

**2-3-4-5-6** Square up 12:00 and sway R/L/R, big step left to side, drag right towards left

**7&8&** Step right out, step left out, step right in, step left together

#### **Section 4: Hold, R/L Fwd Mambo, Step Lock Step, Mambo 1/2L**

**1 2&3 4&5** Hold (1), Press right forward, recover onto left, step right besides left, press left forward, recover onto right, step left besides right

**6&7&8&** Step right forward, lock left behind right, step right forward, rock left forward, recover onto right, step left forward & make a 1/2L (6:00)

#### **Section 5: Repeat Section 4 (back to 12:00)**

**Have Fun & Enjoy !**

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