

And Nothing's Better

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Count: 48 **Wall:** 2 **Level:** Low Intermediate

Choreographer: Jamie Marshall (USA) & Rob Holley (USA) - February 2021

Music: - Filmore : (Album: State I'm In - iTunes)

Phrased: 48, 48, Tag, 48, 48, Tag, Tag, 48, Tag, Tag, 8, ending

Intro: 16 (start on vocals)

A. SYNCOPATED SIDE ROCKS, PRISSY WALKS

- 1,2** Rock R to R side (1), Recover onto L (2)
- &3,4** Step R next to L (&), Rock L to L side (3), Recover onto R (4)
- &5,6** Step L next to R (&), Step R forward, over L (5), Hold (6)
- 7,8** Step L forward, over R (7), Hold (8) (12:00)

B. VAUDEVILLES, V-STEP

- 1&2** Cross R over L (1), Step L diagonally back L (&), Touch R heel diagonally forward R (2)
- &** Return R to center (&)
- 3&4** Cross L over R (3), Step R diagonally back R (&0, Touch L heel diagonally forward L (4)
- &** Return L to center (&)
- 5,6,** Step R diagonally forward R with heel (5), Step L to L with heel (6)
- 7,8** Step R back to center (7), Step L next to R (8) (12:00)

C. TOUCH, KNEE POP, COASTER, KICK-BALL-CHANGE TURNING ¼ R (2X)

- 1&2** Touch R forward (1) Raise both heels, popping knees forward (&), Lower heels (2) (weight on L)
- 3&4** Step R back (3), Step L next to R (&), Step R forward (4)
- 5&6** Kick L forward (5), Replace L next to R (&), Turn ¼ R, stepping R in place (6) (3:00)
- 7&8** Kick L forward (7), Replace L next to R (&), Turn ¼ R, stepping R in place (8) (6:00)

D. STEP, FULL TURN, HITCH, STEP BACK, DRAG, BALL STEP, STEP

- 1,2,3,4** Step L forward (1), Turn ½ L, stepping R back (2), Turn ½ L, stepping L forward, (3) Hitch R knee (4)
- 5,6** Long step back w/ R (5), Drag L towards R (6)

&7,8 Step L next to R (&), Step R in place (7), Step L forward (8) (6:00)

E. TOE STRUT JAZZ TURNING ½ R (12:00)

1-2 Cross R toe over L (1), step R heel down (2), turn ¼ R & step L toe back (3), step L heel down (3) (9:00)

5-6 Step R toe forward (5), step R heel down (6)

7-8 Turn ¼ R & step L toe forward (7), step L heel down (8) (12:00)

F. STEP, HEEL, TOE, TURN ¼ R WITH HITCH, TURN ¼ R STEP, HEEL, TOE, HITCH

1,2,3,4 Step R to R side (1), Swivel L heel to R (2), Swivel L toe to R (3), Turn ¼ R with L knee hitch (4)

5,6,7,8 Turn ¼ R, stepping L to L (5), Swivel R heel to L (6), Swivel R toe to L (7), hitch R knee (8) (6:00)

TAG - 16 COUNT

TURNING TRIPLE BOX

1&2 Step R to R (1), Step L next to R (&), Step R to R (2)

3&4 Turn ¼ R, stepping L to L (3), Step R next to L (&), Step L to L (4) (3:00)

5&6 Turn ¼ R, stepping R to R (5), Step L next to R (&), Step R to R (6) (6:00)

7&8 Turn ¼ R, stepping L to L (7), Step R next to L (&), Step L to L (8) (9:00)

SAMBAS, 3/4 CIRCLE WALK AROUND

1&2 Cross R over L (2), Step L to L, turning body slightly diagonal R (&), Step R next to L (2)

3&4 Cross L over R (3), Step R to R, turning body slight diagonal L (&), Step L next to R (4)

5-8 Walk around to wall (where started tag) R (5), L (6), R (7), L (8)

Ending: To finish the dance, after completing the last tag do the first 8 counts of the dance, then make a ½ turn circle walk to the front wall and pose. End of dance.

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