

# If You Love Her

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**Count:** 32      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Rhoda Lai (CAN) - February 2021

**Music:** - Forest Blakk

<https://music.apple.com/us/album/if-you-love-her-single/1531463193>

**Intro: 4 counts**

**Notes: Restart after 16a counts during Walls 2 & 4 \*\*\***

**TAG: 4-count Tag at the end of Wall 3**

**S1: Prissy Walk R L, Chase  $\frac{1}{2}$  L, L Fwd  $\frac{1}{2}$  R Spiral,  $\frac{1}{4}$  R Sway R L, R Whisk,  $\frac{1}{4}$  L Sweep R**

- 1 Step R forward & slightly across L, bringing R hand out as if to grab something from the front
- 2 Step L forward & slightly across R, reaching L hand with R hand & bring both hands towards the chest

**(Counts 1,2 will match the lyrics 'Take it'. Hold this hand position until Count 4a for the lyrics 'Heart')**

**3&a Step forward R,  $\frac{1}{2}$  L stepping L beside R, step forward R (6:00)**

**4a Step forward L, spiral  $\frac{1}{2}$  R**

- 5 Continue with  $\frac{1}{4}$  R and sway to the R, bringing both hands down to the side (3:00)
- 6 Sway to the L crossing arms over chest (Counts 5, 6 to match the lyrics 'Break it')

**7&a 8 Step R to R side, step L behind R, recover onto R,  $\frac{1}{4}$  L stepping L forward while sweeping R (12:00)**

**S2: R Cross Unwind  $\frac{3}{4}$  L, L Coaster Step, R Fwd Pivot  $\frac{1}{2}$  L, R Twinkle Step, L Lunge recover  $\frac{1}{4}$  L**

- 1 2 Cross R over L, unwind  $\frac{3}{4}$  L with weight on R while sweeping L (3:00)

**3&a Step L back, step R beside L, step L forward**

- 4 5 Step forward R, pivot  $\frac{1}{2}$  L sweeping R (9:00)

**6&aCross R over L, rock L to L side, recover onto R**

**7 8aLunge L to R diagonal, recover onto R,  $\frac{1}{4}$  L stepping L forward (6:00)**

**\*\*\* Restart here during Wall 2 (12:00) & Wall 4 (6:00)**

**S3: R Cross L Kick-hook-cross, Reverse Full L, Sway L R,  $\frac{1}{4}$  L, R Fwd  $\frac{1}{2}$  R  $\frac{1}{2}$  R**

**1&aCross R over L, Kick L to L diagonal, hook L over R shin turning to R diagonal on ball of R**

**2** Cross L over R and prep L shoulder forward for L turn

**a3  $4\frac{1}{4}$  L stepping back R,  $\frac{1}{2}$  L stepping L forward,  $\frac{1}{4}$  L stepping R to R side & dragging L towards R (6:00)**

**5aSway L, sway R folding arms over chest as to cuddle (to match the lyrics 'Cuddle')**

**6  $7\frac{1}{4}$  L stepping L forward, step R forward (3:00)**

**a8 $\frac{1}{2}$  R stepping back L,  $\frac{1}{2}$  R stepping R forward while sweeping L (3:00)**

**S4: L Fwd Point, R Back Point, Fallaway  $\frac{3}{8}$  L, L Fwd Recover Back, R Back Recover, R Fwd Pivot  $\frac{3}{8}$  L**

**1aStep forward L, point R toes to R side**

**2aStep R behind L, point L toes to L side**

**3&aCross L over R,  $\frac{1}{8}$  L stepping R to R side, step back L (1:30)**

**4&aStep back R,  $\frac{1}{4}$  L stepping L to L side, step R forward (10:30)**

**5 6a7Rock forward L, recover onto R, walk back L, rock back R**

**8&aRecover onto L, step forward R, pivot  $\frac{3}{8}$  L (6:00)**

**Tag at the end of Wall 3 (6:00)**

**1 2** Prissy walk R, prissy walk L

**3 4** Cross R over L, unwind  $\frac{1}{2}$  L ending weight on L

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