

The After Party

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Count: 48 **Wall:** 2 **Level:** Phrased Intermediate

Choreographer: Mark Furnell (UK) & Chris Godden (UK) - February 2021

Music: - Louisa

#8 Count Intro, Approx 16 Secs, On lyrics

Sequence: A, A, B, B, A, A, B, B, A, A, B, B

Note: Start with left crossed over right

PART A: 32 Counts / 2 Walls

[01 - 08]: Side Together, Hold, $\frac{1}{2}$ Twist, Arm, $\frac{3}{4}$ Back Paddle

&1-2 Step right to right, turn $\frac{1}{8}$ left step left beside right keeping weight on right, hold (10:30)

Arms: Bend both elbows, hands at shoulder height, palms facing out

3-4 Turn $\frac{1}{2}$ left step left forward, push right hand down to left hip (4:30)

5-6 Turn $\frac{1}{4}$ right touch right to right, turn $\frac{1}{4}$ right touch right to right (10:30)

7-8 Turn $\frac{1}{4}$ right touch right to right, turn $\frac{1}{8}$ right touch right to right (3:00)

[09 - 16]: Sailor Step, Sailor $\frac{1}{4}$ Turn, $\frac{1}{2}$ Twist, $\frac{1}{2}$ Twist, Touch Body Roll

1&2 Step right behind left, step left to left, step right to right

3&4 Step left behind right, step right to right, turn $\frac{1}{4}$ left step left forward (12:00)

5-6 Pivot $\frac{1}{2}$ right transferring weight onto right, Pivot $\frac{1}{2}$ left keeping weight on right (12:00)

7-8 Touch left toe back, body roll back transferring weight onto left

[17 - 24]: Drag & Side, Hold Ball Cross, Side Rock, Hitch, Hold

1&2 Drag right towards left, step right beside left, step left to left

3&4 Hold, step right beside left, cross left over right

5-6 Rock right to right rolling shoulders right, recover weight onto left rolling shoulders left

7-8 Hitch right knee, hold

Arms: Bend both elbows, hands at shoulder height, point both index fingers up

[25 - 32]: Hold, Ball Behind, Hold Ball Cross, $\frac{1}{2}$ Turning Box

1&2 Hold, step right to right, step left behind right

- 3&4** Hold, step right to right, cross left over right
- 5-6** Turn $\frac{1}{4}$ right step right forward, step left to left (3:00)
- 7-8** Turn $\frac{1}{4}$ right step right to right, cross left over right (6:00)

PART B: 16 Counts / 2 Walls

[01 - 08]: Side, Sailor Step, Behind Side, Pony, Pony, $\frac{1}{2}$ Run Run Run Run

- 1** Step right to right
- 2&3** Step left behind right, step right to right, step left to left
- &4** Step right behind left, step left to left
- &5** Step right forward, lock left behind right popping right knee
- &6&** Step right forward, lock left behind right popping right knee, step right forward,
- 7&** Turn $\frac{1}{8}$ right step left forward, turn $\frac{1}{4}$ right step right forward (4:30)
- 8&** Turn $\frac{1}{8}$ right step left forward, step right forward (6:00)

[09 - 16]: Syncopated Rocks, Jazzbox Touch Behind

- 1-2&** Rock left forward, recover weight onto right, step left beside right
- 3-4&** Rock right forward, recover weight onto left, step right beside left
- 5-6** Cross left over right, step right back
- 7-8** Step left to left, touch right behind left