

# It Feels Good

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Laura Rittenhouse (AUS) - December 2022

**Music:** - Drake White

## Start after 24 beats

### S1: WALK FWD R, L, DIG R HEEL FWD X 2; WALK BACK R, L, TAP R TOE BACK X 2

**1,2,3,4** Step R fwd, Step L fwd, Dig R heel fwd, Dig R heel fwd (feel free to lean back when digging heels)

**5,6,7,8** Step R back, Step L back, Tap R toe to back, Tap R toe to back (feel free to lean fwd when tapping toes)

### S2: FULL CIRCLE TURN WITH SHUFFLES

**1&2,3&4** Making a  $\frac{1}{4}$  turn L shuffle R,L,R (step R forward, Step L beside R, Step R forward) (9:00), Continuing turning L shuffle L,R,L (6:00)

**5&6,7&8** Continuing turning L shuffle R,L,R (3:00), Continuing turning L shuffle L,R,L (12:00)

### S3: STEP UP ON R DIAG, DRAG L, 2XL HEEL BOUNCES; REPEAT DOWN ON L DIAG

**1,2,3,4** Step R fwd on R diagonal, Drag L beside R, Bounce L heel, Bounce L heel

**5,6,7,8** Step L back on L diagonal, Drag R beside L, Bounce R heel, Bounce R heel

### S4: VINE RIGHT & LEFT WITH $\frac{1}{4}$ TURN L

**1,2,3,4** Step R to R, Cross L behind R, Step R to R, Dig L heel to L (feel free to lean your body R)

**5,6,7,8** Step L to L, Cross R behind L, Turn  $\frac{1}{4}$  L stepping with L (9:00), Touch R beside L

**Choreographers note: this dance is more fun if you put some body language into it. My suggestions come in the "(feel free...)" comments but swinging your arms as you skip in a circle also helps ?**