

Ghost of You

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Alison Biggs (UK) & Peter Metelnick (UK) - October 2022

Music: - Mimi Webb

Very short intro 4 counts and go, one beat before she starts to sing 'seven days' - 126bpm - 2mins 38secs

Available: Amazon - no tags or restarts

[1-8] R side, hold, L together, R side, cross step L over R, R back, hold, L side, R together, $\frac{1}{4}$ L, L fwd

- 1-2& Step R side, hold, step L together
- 3-4 Step R side, cross step L over R
- 5-6 Step R back, hold
- &7-8 Step L side, step R together, turning $\frac{1}{4}$ left step L forward (9 o'clock)

[9-16] R fwd rock/recover, $\frac{1}{4}$ R, point L side L, walk around $\frac{3}{4}$ L stepping L/R/L/R

- 1-2 Rock R forward, recover weight on L
- 3-4 Turning $\frac{1}{4}$ right step R side, point L side (12 o'clock)
- 5-8 Turning left walk around $\frac{3}{4}$ left - L/R/L/R (3 o'clock)

[17-25] L kick ball point, $\frac{1}{4}$ R Monterey, R ball step, cross L over R, step R to R side, L sailor step

- 1&2 Kick L forward, step L together, point R side
- 3-4 Turning $\frac{1}{4}$ right step R together, point L side (6 o'clock)
- &5-7 Step L together, step R side, cross step L over R, step R side
- 8&1 Cross step L behind R, step R side, step L side

[26-32] R fwd, 2 x heel bounces turning $\frac{1}{2}$ L (weight on L), R fwd, $\frac{1}{4}$ L pivot turn, R kick ball cross

- 2-4 Step R forward, bouncing on both heels x 2 turn $\frac{1}{2}$ left with weight ending on L (12 o'clock)
- 5-6 Step R forward, pivot $\frac{1}{4}$ left (9 o'clock)
- 7&8 Kick R forward, step R back, cross step L over R

