

# One My Way

LINEDANCE.COM

**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Marie Louw (SA) - September 2022

**Music:** - Rusted Root

**Intro: 32 counts start on vocals**

**CROSS ROCK, SIDE ROCK, BACK ROCK, SHUFFLE FORWARD**

**1-4**      Cross R over L, recover on L, Rock to R side, recover on L

**5-6**      Rock back on R, recover on L

**7&8**      Step R forward, L next to R, step R forward

**½ PIVOT RIGHT, SHUFFLE FORWARD, TOUCH R TO R SIDE, SWIVEL BALL OF FOOT AND KNEE IN AND OUT, FLICK R**

**1-2**      Step forward on L ½ pivot to R

**3&4**      Step L forward, R next to L, step L forward

**5-8**      Touch R ball of R to R side, swivel R foot and knee in and out, flick R up

**LEFT SIDE BEHIND SIDE, CROSS HEEL, RIGHT SIDE BEHIND SIDE ¼ TURN RIGHT, RIGHT FLICK**

**1-4**      Step R behind left, step L to left side, step R across L, touch L heel to left side

**5-8**      Step L behind R, step R to R side, ¼ turn R, step L to L side, Hitch R

**STEP TOUCH TO RIGHT AND LEFT SIDE, CROSS RIGHT OVER LEFT, STEP LEFT BACK, ROCK RECOVER TO RIGHT SIDE**

**1-4**      Step R to R side, touch L next to Right, step L to left side touch R next to L

**5-6**      Cross R over L, step back on L, rock to R side, recover on L

**REPEAT**