

# No Me Ama

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**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Danielle PROVOST MODICA (FR) - 10 January 2021

**Music:** - Lucenzo

**Intro : 32 counts - Start counting on the first musical note**

**[1-8] MAMBO R FW, MAMBO L BACK, SIDE R, TOGETHER, CHASSE R**

**1&2** Mambo RF fw (1), Recover bw on LF (&), RF next to LF (2)

**3&4** Mambo LF back (3), Recover bw on RF (&), LF next to RF (4)

**5-6RF to the R side (5), LF next to RF (6)**

**7&8RF to the R side (7), LF next to RF (&), RF to the R side (8)**

**[9-16] CROSS ROCK STEP L, CHASSE ¼ TURN L, STEP R ½ TURN, STEP R ¼ TURN**

**1-2** Cross LF over RF with bw on LF (1), Recover bw on RF (2)

**3&4LF to the L side (3), RF next to LF (&), ¼ turn to the L with LF (4) 12h/9h**

**5-6** Step R fw (5), ½ turn to the L (6) 9h/3h

**7-8** Step R fw (7), ¼ turn to the L (8) 3h/12h

**[17-24] STEP R FW, SWEEP L ¼ TURN, CROSS & CROSS, SIDE HIP ROLL, CROSS ¼ TURN**

**1-2** Step R fw (1), ¼ turn to the R with a L sweep (2) 12h/3h

**3&4** Cross LF over RF (3), RF to the R side (&), Cross LF over RF (4)

**5-6RF to the R side and roll your hips to the R (5), and to the left (6)**

**7&8** Cross RF over LF (7), ¼ turn to the R with LF back (&), RF to the R side (8) 3h/6h

**[25-32] STEP L FW, LOCK, STEP LOCK STEP, STEP R FW, ¾ PENCIL TURN INSIDE, STEP L LOCK STEP**

**1-2** Step LF fw (1), Cross RF behind LF (2), 6h

- 3&4** Step LF fw (3), Cross RF behind LF (&), Step LF fw (4)
- 5-6** Step RF fw (5),  $\frac{3}{4}$  pencil turn inside to the L with bw on RF (6) 6h/9h
- 7&8** Step LF fw (7), Cross RF behind LF (&), Step LF fw (8) 9h

**Wall 7 - Final : Do the 29 first counts and replace  $\frac{3}{4}$  PENCIL TURN by TOUCH LF next RF to stay facing 12h**

**Fw : forward / Bw : body weight**

**Source : this card is the original. If you have any question, do not hesitate to contact me :**

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