

One Night At A Time

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Count: 32

Wall: 2

Level: Newcomer

Choreographer: Angela Bartsch (DE) - January 2021

Music: - George Strait

#8 count intro; 2 beats = 1 count, if using the music above. Restart choreographed for music at 2:27 in the music above.

LEFT KICKS, RIGHT KICKS, CHARLESTON CROSS

- 1&** Kick left foot diagonally back bending leg at the knee, touch ball of left foot next to right
- 2&** Kick left foot back bending leg at the knee, step left foot next to right
- 3&** Kick right foot diagonally back bending leg at the knee, touch ball of right foot next to left
- 4&** Kick right foot diagonally back bending leg at the knee, step right foot next to left
- 5-6** Cross left foot in front of right, step left foot next to right
- 7-8** Cross right foot behind right, step right foot next to left

SWIVEL ¼ TURN, SHUFFLE, STEP ½ TURN, ½ TURN RUN

- 1&** On the balls of your feet swivel your heels to the right, then swivel heels back to the center
- 2&** On the balls of your feet swivel your heels to the right as you pivot ¼ turn left, lift your left leg up bending at the knee
- 3&4** Step left foot forward, step right next to left, step left foot forward
- 5-6** Step right foot forward, step left foot ½ turn left
- 7&8&** Make ½ turn left in baby steps, stepping right, left, right, left

ROCK & CROSS, ROCK & CROSS, TOUCH FRONT, TOUCH SIDE, SAILOR STEP

- 1&2** Step right foot to the right side & rock, recover on left foot, cross right foot over left
- 3&4** Step left foot to the left side & rock, recover on right foot, cross left foot over right
- 5-6** Touch right foot forward, touch right foot to the right side
- 7&8** Cross right foot behind left, step left foot to the left side, step right next to left

SHUFFLE LEFT, SHUFFLE RIGHT, ROCK & ¼ TURN WITH CLAPS

- 1&2&** Step left foot to the left side, step right next to left, step left foot to the left side, touch right next to left

- 3&4** Step right foot to the right side, step left next to right, step right foot to the right side
- 5&6&** Rock forward on the left foot, clap while touching right toe back, step right foot to the right side, clap
- 7&8&** Step left foot 1/4 turn left and rock, clap, step right foot next to left, clap.

RESTART: On wall 7 after 8 counts.

Have fun!!

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