

# Grin and Bear IT :)

LINEDANCE.COM

**Count:** 32                      **Wall:** 4                      **Level:** Absolute Beginner

**Choreographer:** Val Saari (CAN) - August 2022

**Music:** - John Stevens

**Intro 16 counts - Begin on the word "dance"**

**HEEL-FANS X 2 (RL), SIDE POINTS X 2 (R,L)**

**1-2RF fan heel right, left**

**3-4LF fan heel left, right**

**5-6**            Point/touch R toes to R side, Step RF beside L

**7-8**            Point/touch L toes to L side, Step LF beside R

**TOE-STRUT V-STEP**

**1-2**            Touch RF toe diagonally forward (1:00), Step heel down

**3-4**            Touch LF toe diagonally forward (11:00), Step heel down

**5-6**            Touch RF toe behind to centre, Step heel down

**7-8**            Touch LF toe beside R, Step heel down

**HEEL STRUTS FWD 1/4 R ARC CLOCKWISE**

**1-2**            Step RF forward Heel-Toe (optional finger snaps)

**3-4**            Step LF heel forward Heel-Toe (optional finger snaps)

**5-6**            Step RF forward Heel-Toe (optional finger snaps)

**7-8**            Step LF heel forward Heel-Toe (facing 3:00) (optional finger snaps)

**MAMBO RIGHT, MAMBO LEFT**

**1-4RF Rock side right, LF recover, RF close together beside L & hold**

**5-8LF Rock side left, RF recover, LF close together beside R & hold**

**No tags, no restarts**

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