

Sally Rides Again

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Count: 32

Wall: 4

Level: High Beginner

Choreographer: Elaine Richard (CAN) & Lorraine Millburn (CAN) - July 2022

Music: - Wilson Pickett

#16 count intro (dance starts a couple beats before the lyrics)

SECTION 1: STEP SLIDES, DIAGONAL SHUFFLE STEPS

1,2 3&4RF slide forward, touch with LF, shuffle diagonally right (r,l,r)

5,6 7&8LF slide forward, touch with RF, shuffle diagonally left (l,r,l)

SECTION 2: ¼ PIVOT TURN, SAILOR STEPS, ¼ PIVOT TURN

1,2 3&4RF forward, ¼ pivot left, recover on LF, swing RF behind L, step LF side, step RF together beside LF

5&6 7,8 Swing LF behind R, step RF side, step LF beside R, RF forward, ¼ turn pivot left recover on L

SECTION 3: DIAGONAL ROCK, RECOVER, SHUFFLE STEPS

1,2 3&4RF cross diagonal over left, recover on left, shuffle right (r,l,r)

5,6 7&8LF cross diagonal over right, recover on right, shuffle left (l,r,l)

SECTION 4: TWO PADDLE TURNS, STEP TOUCHES

1,2,3,4RF step forward 1/8 turn left, RF step forward 1/8 turn left

5,6,7,8RF step right, LF touch, LF step left, RF touch (snap fingers)

FOR THE ENDING: the last 8 counts, paddle to 12 o'clock, step RF to R side, touch L and snap fingers on the last count.

REPEAT

ENJOY 😊