

# My Girl Josephine

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**Count:** 48

**Wall:** 4

**Level:** Low Intermediate

**Choreographer:** Darren Bailey (UK) & Roy Verdonk (NL) - October 2020

**Music:** - Jump 4 Joy

**Start: Quick start (3 seconds) - Hello Jos-e - then Start on "phine"**

**Section 1: Walk, Walk, & Side Rock Cross,  $\frac{1}{8}$  Paddle Turn 2x with Hip Roll**

**1-2RF step forward, LF step forward**

**&3-4RF step side (&), Recover on LF (3), RF cross over LF**

**5-6LF touch forward,  $\frac{1}{8}$  turn R and roll your hip (weight on RF) [1:30]**

**7-8LF touch forward,  $\frac{1}{8}$  turn R and roll your hip (weight on RF) [3:00]**

**Section 2: Toe Strut 2x,  $\frac{1}{4}$  L Jazz Box with Cross**

**1-2LF Touch forward, drop Heel**

**3-4RF Touch forward, drop Heel**

**5-6LF Cross over RF,  $\frac{1}{4}$  turn L step RF back [12:00]**

**7-8LF step side, RF cross over LF**

**Section 3: Side-hold, Ball Side, Touch, Side-hold, Ball Side, Close**

**1-2LF step side, hold**

**&3-4RF step close to LF, LF step side, RF Touch**

**5-6RF step side, hold**

**&7-8LF step close to RF, RF step side, LF close (weight on LF)**

**Section 4:  $\frac{1}{4}$  R Heel grind, Back Rock,  $\frac{1}{4}$  R Heel grind, Back Rock**

**1-2RF Heel touch forward, grind  $\frac{1}{4}$  right (weight on LF) [3:00]**

**3-4RF rock back, recover on LF**

**5-6RF Heel touch forward, grind  $\frac{1}{4}$  right (weight on LF) [6:00]**

**7-8RF rock back, recover on LF**

**Section 5: Step fwd., Point, Step fwd., Point,  $\frac{1}{4}$  R Syncopated Jazz Box with Cross**

**1-2RF step forward slightly crossed over LF, LF point side**

**3-4LF step forward slightly crossed over RF, RF point side**

**5-6RF Cross over LF, hold**

**&7-8 $\frac{1}{4}$  R LF back (&), RF step side, LF cross over RF [9:00]**

**Section 6: Syncopated Sailor Steps 2x diagonally fwd., Out, Hip Rolls**

**1-2RF step diagonally forward, LF cross behind**

**&3&4RF step side (&), LF step diagonally forward (3), RF cross behind (&), LF step diagonally fwd. (4)**

**&5-6RF step diagonally forward (&), LF step side (5), Roll Left Hip out**

**7-8 Hip-Roll counter clockwise**

**44:F:559:**