

# Heartache Medication

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**Count:** 32                      **Wall:** 2                      **Level:** Improver

**Choreographer:** Micaela Svensson Erlandsson (SWE) - April 2022

**Music:** - Jon Pardi

**Start After 16 counts - No Tag, No Restart**

## **Section 1 : SIDE MAMBO (R-L), CROSS SIDE (L-R)**

- 1&2**            Step R to side, L in place, R together  
**3&4**            Step L to side, R in place, L together  
**5&6**            Cross R over L, recover on L, R in place  
**7&8**            Cross L over R, recover R, L in place

## **Section 2 : CUDDLE TURN ½ RIGHT, MAMBO BACKWARD**

- 1&2&**           Step R forward, turn ½ L over R, R together, hitch L up  
**3&4** **step L backward, R together, Step L forward**  
**5-6**            Step R forward, Step L forward  
**7&8**            Turn ½ R backward, L in place, step R forward

## **Section 3 : WALK FORWARD, DIAGONAL SUFFLE BACKWARD**

- 1-2-3-4**       Step L forward, Step R forward, Step L forward, R together  
**5&6**            Step R diagonal backward, L together, Step R diagonal backward  
**7&8**            Step L diagonal backward, R together, Step L diagonal backward

## **Section 4 : MONTEREY ¼ TURN RIGHT, V STEP**

- 1-2R touch to side, R beside L turn ¼ right**  
**3-4L touch to side, R together**  
**5-6**            Step R diagonal forward, Step L to side  
**7-8**            Step R diagonal back - L together

**Happy dancing & Thank You**

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