

One For Me

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Harry Heng (INA) - March 2022

Music: - Backstreet Boys

Note: No restarts or tag. Weight starts on the left.

Intro: 16 counts/7 seconds

[1-8] Toe struts x2, rocking chair

1-4 Touch ball of R forward, drop R heel, touch ball of L forward, drop L heel

5-8 Rock forward on R, recover to L, rock back on R, recover to L

[9-16] Side right, drag L touch in-out-in, side left, drag R touch in-out-in

1-4 Large step to right, drag and touch L in, touch L out, touch L in

5-8 Large step to left, drag and touch R in, touch R out, touch R in

[17-24] Step-touch x2 with ¼ turn left, grapevine right, hitch L

1-2 Step R slightly forward starting ¼ turn left, touch L next to R (10:30)

3-4 Step L to left, touch R next to L finishing ¼ turn left (9:00)

5-8 Step R to right, cross L behind, R to right, hitch L knee

[25-32] Grapevine left, hitch R, hip bumps RRL

1-4 Step L to left, cross R behind, L to left, hitch R knee

5-8 Step R to right and bump hips right-right-left-left, weight ends on left

Start again!

I hope you enjoy this dance. If you do, I'd love to have your vote on Copperknob & Linedancerweb.

Please do not alter this step sheet in any way. If you would like to use it on your website, it must be used in its original format. Brenda's contact: brenshatto@yahoo.com