

# I Got No Regrets

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**Count:** 32

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Carolyn Jurek (CAN), Rob Fowler (ES) & I.C.E. (ES) - February 2022

**Music:** - Arkells

**Intro: 32 counts.**

**TOE - HEEL - STOMP X 4,**

- 1&2** Touch R toe next to L with R knee rolled inwards, Scuff R heel forward, Stomp R forward (Clap),
- 3&4** Touch L toe next to R with L knee rolled inwards, Scuff L heel forward, Stomp L forward (Clap),
- 5&6** Touch R toe next to L with R knee rolled inwards, Scuff R heel forward, Stomp R forward (Clap),
- 7&8** Touch L toe next to R with L knee rolled inwards, Scuff L heel forward, Stomp L forward (Clap),

**BACK, BACK, OUT, OUT, IN, IN, HEEL SWITCHES MAKING ¼ TURN LEFT,**

- 1-2** Step back on R, Step back on L,
- 3&4&** Step R out to right side (not forward), Step L to left side, Step R in, Step L next to R,
- 5&6&** Gradually turning 1/8 left, Place R heel forward, Replace R next to L, Place L heel forward, Replace L next to R,
- 7&8&** Repeat above steps to complete the ¼, [9:00] turn left.

**START OVER!**

**Email: [amyc@linefusiondance.com](mailto:amyc@linefusiondance.com)**