

# Joy in My Life

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**Count:** 32                      **Wall:** 2                      **Level:** Improver

**Choreographer:** Gregory Danvoie (BEL) - February 2022

**Music:** - Andy Grammer

**INTRO: 16 counts - Begin on the downbeat before the word "You"**

## **MODIFIED RUMBA BOX FWD**

- 1-2            Step RF to right side, Step LF together
- 3-4            Step RF toes forward, Step RF heel down
- 5-6            Step LF to left side, Step RF together
- 7-8            Step LF toes forward, Step LF heel down

## **DIAGONAL BACK TOUCHES RL, HEEL TWISTS RLRL**

- 1-2            Step RF back diagonally R, Touch LF toes beside R
- 3-4            Step LF back diagonally L, Touch RF toes beside L
- 5-6            Step RF right and twist heels Right, Twist heels Left
- 7-8            Twist heels Right, Twist heels Left (weight on LF)

## **MODIFIED CROSS MAMBOS (R, L 1/4 PIVOT L)**

### **1-2RF Cross over L, LF Recover weight**

- 3-4            Step RF toes right, Step heel down

### **5-6LF Cross over R, RF Recover weight**

- 7-8            Step LF toes 1/4 pivot L, Step heel down

## **WALK FORWARD (RLR) KICK LF FWD, SHUFFLE BACK, RF ROCK BACK/RECOVER**

- 1-2            Walk forward, RF, LF
- 3-4            Walk forward RF, Kick LF
- 5&6            Shuffle back LRL

### **7-8RF Rock back, LF recover**

**No tags, no restarts**

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