

Balada

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Count: 80 **Wall:** — **Level:** Phrased Intermediate

Choreographer: Mei Lestari (June 2020)

Music: Balada (Tche Tche Rere) by Gustavo Lima

Intro 16 counts

A (16 counts)

[1]. FORWARD, SWEEP, CROSS, SIDE, BEHIND, SWEEP, BEHIND, ¼ TURN L, ¼ TURN L, SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER, SIDE

1,2& Step Rf forward slightly crossed in front Lf, sweep Lf to front, cross Lf over Rf, step Rf to R

3,4& Cross Lf behind Rf sweep Rf to back, cross Rf behind Lf, ¼ turn L step Lf forward

5,6&¼ turn L step Rf to R, cross Lf behind Rf, step Rf to R

7,8& Rock Lf over Rf, recover on Rf, step Lf to L

SECTION 2 REPEAT SECTION 1

B (64 counts)

[1]. CROSS SHUFFLE, ¼ TURN R BACK SHUFFLE, ¼ TURN R CHASSE, SHUFFLE FORWARD

1&2 Cross Rf over Lf, step Lf to L, cross Rf over Lf

3&4¼ turn R step Lf back, close Rf next to Lf, step Lf back

5&6¼ turn R step Rf to R, close Lf next to Rf, step Rf to R

7&8 Step Lf forward, close Rf next to Lf, step Lf forward

[2]. OUT-OUT, IN-IN, PIVOT ½ TURN L 2X

1,2 Step Rf to R diagonal forward, step Lf to L diagonal forward

3,4 Step Rf back to center, step Lf back to center

5,6 Step Rf forward, ½ turn L step on Lf

7,8 Step Rf forward, ½ turn L step on Lf

SECTIONS 3 & 4 REPEAT SECTIONS 1 & 2

[5]. BOTAFOGO 2X, ANCHOR STEP 2X

1&2 Cross Rf over Lf, rock ball Lf to L, recover on Rf

3&4 Cross Lf over Rf, rock ball Rf to R, recover on Lf

5&6 Rock Rf behind Lf, recover on Lf, cross Rf behind Lf

7&8 Rock Lf behind Rf, recover on Rf, cross Lf behind Rf

[6]. WALK AROUND & SHUFFLE (FULL TURN), KICK, POINT SIDE 2X, CHEST PRESS

1,2¼ turn R step Rf forward, ¼ turn R step Lf forward

3&4 Making ½ turn R shuffle on Rf-Lf-Rf

5&6& Kick Lf forward, step Lf beside Rf, touch Rf to R, step Rf beside Lf

7&8 Touch Lf to L, chest press twice

DO SECTIONS 7 & 8 OPPOSITE OF SECTIONS 5 & 6

Have Fun....

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