

In This Life

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Bembi ULD/ Bambang Satiyawan & Tutuk Kusdaryanti ULD DKI (INA-2020 June)

Music: In This Life by Collin Raye

Start dance on vocal (after 16 Counts),

Section I. BASIC NIGHT CLUB - TURN AND RONDE - SIDE - CROSS - SIDE - DIAGONAL FORWARD - TOUCH -BACK AND SWEEP - BEHIND-SIDE

- 1 - 2&** Step L to side, Close R behind L, Cross L over L
- 3 - 4&** Turn $\frac{1}{4}$ left Step R back and Ronde your L continuing turn $\frac{1}{4}$ more facing 06.00, Step L to side, Cross R over R
- 5 - 6&** Step L to side, Turn $\frac{1}{8}$ left (07.30) Step R forward, Touch L behind L
- 7 - 8&** Turn $\frac{3}{8}$ right Step L back and Sweep R to back, Cross R behind R, Step L to side (03.00)

Section II. DIAGONAL FORWARD - TURN - HOOK - FORWARD - DIAMOND - SWAY

- 1 - 2&** Turn $\frac{1}{8}$ left (04.30) Step R forward, Turn $\frac{1}{2}$ left still standing with your R weight on R and your L still point on the floor for balancing, Hook your R
- 3 - 4&** Step L forward, Step R forward*, Turn $\frac{1}{8}$ right Step L to side (09.00)

***Restart here after 4 Counts on wall 3**

- 5 - 6&** Turn $\frac{1}{8}$ right Step R back (07.30), Step L back, Turn $\frac{1}{8}$ right Step R to side (06.00)
- 7 - 8** Sway Right, Sway Left

Section III. RUNNING BACK WITH SWEEP - TURN - SPIRAL - WALK - WALK - PIVOT & SWEEP - CROSS - SIDE - TURN BACK - PENCIL TURN

- &1-2&** Step Back on R, Step back on R with sweep L from Front to Back, Cross L behind L, $\frac{1}{2}$ turn R Step R Forward
- 3-4&** Step L Forward with Full Turn R (weight on R) (03.00), Step R forward, Step L Forward
- 5-6& $\frac{1}{4}$ turn R Step R Forward(09.00) with sweep from back to front, Cross L over L, Step R to side**
- 7-8& $\frac{1}{2}$ turn L step back on R(12.00), Step R Forward, Touch L Slightly Forward Beside R While Turning With Full Turn to L**

**Section IV. FORWARD & SWEEP - CROSS - BEHIND & SWEEP - TURN & BACK -
SYNCOPATED**

- 1-2&** Step R forward with sweep from back to front, Cross L over L, Step R to Side
- 3-4&** Step Back on L with sweep R from front to back , Cross R behind R, 1/2 turn L Step L
Forward(03.00)

**5 - 6&1/2 Turn L Step R Forward with Sweep L from Front to Back (03.00), Cross L behind L,
Step R to Side**

- 7&-8&** Rock L cross over L, Recover on L, Step L to Side, Cross R over R

******* Restart on wall 3 after 12 counts**

Cheers, Healthy and Happy

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