


# Break My Heart

LINEDANCE.COM

**Count:** 32      **Wall:** 4      **Level:** High Beginner

**Choreographer:** Ari [Ari Lindance   ] June 2020, Korea

**Music:** Break My Heart - Dua Lipa

## Intro : 16 - Sequence A-A-B-A-A-Tag[8]-A-B-A-A-B-Tag[4]-A-A

### A [32 Count]

#### Sec. 1] Mambo(R,L), Knee Pops

- 1&2      Step L side to Right, recover L, Step L close L
- 3&4      Step R side to Left, recover R, Step R close R
- 5-8      Pop Knees out to side, In the middle of the knees x 4

#### Sec. 2] Walk R,L,R, 1/2 Pivot, Diagonal Heel touch, 3/4 Turn L

- 1&2      Step RF Forward, Step LF Forward, Step L Forward
- 341/2 Pivot Turn Left stepping R in place, L close L**
- 5&6&      Touch R Heel Diagonal, R close R, Touch L Heel Diagonal, L close L
- 78      Touch R behind R, 3/4 Turn Left

#### Sec. 3] Back, Heel lift, Upper body rolling

- 12      Step L back while R Lifting the heel, Step R back while L Lifting the heel
- 34      Step L back while R Lifting the heel, Step R back while L Lifting the heel

#### (Face 12 O'clock and shake right finger)

- 5678      Step R, R Back according to Upper Body Rolling x 2

#### Sec. 4] Slide(L,R), Coaster Step, Together, Hands Cross, Hands Open

- 1234      Step R Slide to left, Step L Slide to Right
- 5&6      Step R back, Step L beside L, Step R Forward
- 7&8      Step L beside L, Cross on both hands Chest, Open both Hands

### B [32 Count]

#### Sec. 1] R,L Body wave, Body Sway R,L,R,L

12 Step L side to R, R touch in place, Step R side to L, L touch in place

34 Step L side to R, R touch in place, Step R side to L, L touch in place

### **(Lower body posture and upper body wave)**

5-8 Body Sway R,L,R,L (Slow up upper body)

### **Sec. 2] Back, Hip Bumps, Back, Recover forward**

1234 Step L Back with R heel up, Hip Bump L, Step R Back with L heel up, Hip Bump R

56 Step L Back with R heel up, Recover R (weight forward on to L) with L heel up

78 Step L Back with R heel up, Recover R (weight forward on to L) with L heel up

### **Sec. 3] Shuffle Step, 1/4 Turn R Shuffle Step, Hips Sway**

1&2 Step L Forward, Step R beside R, Step L Forward

3&4 Step R Forward 1/4 Turn Left, Step L beside L, Step R Forward

5678 Step L side to L & Sway, Sway L, Sway R, Sway L

### **Sec. 4] Hip down R,L, Flick, Jazz box**

12 Step L side to L (Hip down right)

34 Step R side to R (Hip down Left), Flick Step L back

5678 Cross left over left, Step R back, Step L side, Step R beside R

### **[Tag 1] after 5 Wall**

1234 Step L Ball side to R

### **(R Arm Stretch[1], Bring L Index finger by mouth[2],R Arm Stretch[3], Bring L Index finger by mouth[4])**

5678 Step L beside L[5], R in place[6], L in Place[7], R in Place[8]

### **[Tag 2] after 10 Wall**

1234 Stop

### **(Option : Shoulder Movement R,L,R[3&4])**

**Please refer to the video for upper body motion.**

**Contact: hee youn Yang: canddd@naver.com**

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