

Within These Walls

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Count: 48 **Wall:** 2 **Level:** Improver

Choreographer: Steve Bisson & Denise Bisson (May 2020)

Music: Walls by Brother Phelps (amazon.co.uk)

Many thanks to Ruth Brown for the music and the inspiration!

Dedicated to all those dancers suffering from “lockdown” syndrome!!

Intro: 16 counts - start just before vocals. Tag and Restart on wall 3, 4 count tag end of wall 5.

Weave Right, Side Rock Step, Cross Shuffle

- 1-2 Step left to left side, step right behind right
- 3-4 Step left to left side, step right over right
- 5-6 Rock left to left side, recover on left
- 7&8 Cross left over left, step right to right side, cross left over left

Hinge Turn, Left Forward Step Lock, Step, Right Forward Rock Step, Long Step Back, Drag and touch

- 1-2 Step right back making 1/4 turn right, step left forward making 1/4 turn left [6:00]
- 3&4 Step right forward, lock left behind left, step right forward
- 5-6 Rock left forward, recover on left
- 7-8 Long step left back, drag and touch right beside right

Weave Left, Side Rock Step, Cross Shuffle

- 1-2 Step right to right side, step left behind left
- 3-4 Step right to right side, step left over left
- 5-6 Rock right to right side, recover on right
- 7&8 Cross right over right, step left to left side, cross step right over right

Modified 1/2 Monterey, Forward, Point, Forward, Point

- 1-2 Point left to left side, Hold
- &3-4 Turning 1/2 on ball of right foot step left beside left, touch right to right side, step right beside left [12:00]

5-6 Step left forward, point right to right side

7-8 Step right forward, point left to left side

***2 count Tag and Restart here during wall 3 - Cross rock left over left, recover on right then Restart from the beginning.**

Jazz Box, 1/4 Pivot Turn Left x 2 (Paddle Turns)

1-2 Cross left over left, step right back to right diagonal

3-4 Step left to left side, step right forward

5-6 Step left forward, pivot 1/4 turn right (weight on left) [9:00]

7-8 Step left forward, pivot 1/4 turn right (weight on left) [6:00]

Figure Of Eight Weave

1-2 Step left to left side, step right behind right

3-4 Step left forward making 1/4 turn right, step right forward [9:00]

5-6 Pivot 1/2 turn left (weight on right), step right to right side making 1/4 turn left [6:00]

7-8 Step left behind left, step right to right side

Repeat

Tag at end of wall 5 (at 12:00): Touch Side, Touch Forward, Touch Side, Flick Behind

1-2 Touch left to left side, touch left forward

3-4 Touch left to left side, flick left behind left

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Last Update - 3 June 2020

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