

Sleeping Single In A Double Bed

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Count: 64

Wall: 2

Level: Easy Intermediate

Choreographer: Kevin Richards (May 2020)

Music: Sleeping Single In A Double Bed - Barbara Mandrell & Dave Aude Remix

[1-8] L Side Shuffle, R Rock Recover, R Side Shuffle ¼ R, L Rock Recover

- 1&2 Right Side Shuffle (R-L-R)
3-4 Left Rock Back, Right Recover
5&6 Left Side Shuffle while making a ¼ Right (L-R-L)
7-8 Right Rock Back, Left Recover- Now Facing 3 O'Clock

[9-16] L Step, R Scuff, R Mambo, L Step Back, R Toe Tap, R Shuffle Forward

- 1-2 Right Step Forward, Left Scuff Forward
3&4 Left Rock Forward, Right Recover Back, Left Step Together
5-6 Right Step Back, Left Toe Tap in Front of Right
7&8 Left Shuffle Forward (L-R-L)

[17-24] L Step Forward, Pivot 1/2 L, L Side Shuffle 1/4 L, R Rock Recover, R Step, L Touch Across

- 1-2 Right Step Forward, Pivot ½ Left- Now Facing 9 O'Clock
3&4 Right Side Shuffle while making a ¼ Left (R-L-R)- Now Facing 6 O'Clock
5-6 Left Rock Back, Recover Right
7-8 Left Step Forward At Angle Left, Right Toe Tap Across Left and Snap

[25-32] L Step, R Touch Behind, R Step, L ¼ Hitch, L Shuffle, R Out, L Out, R In

- 1-2 Right Step Back At Angle Right, Left Toe Tap Behind Right and Snap
3-4 Left Step To Left Side, Right Hitch ¼ Right- Now Facing 9 O'Clock
5&6 Right Shuffle Forward (R-L-R)
7&8 Left out, Right Out, Left In

[33-40] L R Toe Switch, L Heel Forward, R Toe Back, Repeat with L

- 33&34& Right Toe out To Right Side, Right Home, Left Toe Out To right Side, Left Home
35&36 Right Heel Forward, Right Home, Left Toe Back

37&38& Left Toe Out To The Left Side, Left Home, Right Toe Out To Right Side, Right Home

39&40 Left Heel Forward, Left Home, Right Toe Back

[41-48] L Grind $\frac{1}{4}$ L Recover, L Coaster, R Rock Recover, R Coaster Step

41-42 Right Heel Grind while making a $\frac{1}{4}$ Right, Left Recover- Now Facing 12 O'Clock

43&44 Right Coaster Step

45-46 Left Rock Forward, Right Recover

47&48 Right Coaster Step

[49-56] Repeat p41-48[

-Now Facing 3 O'Clock

[57-64] L Step Forward, Pivot $\frac{1}{2}$ L, L Step Forward, 2 Heel Bounces $\frac{1}{4}$ L, R Step, L Heel Out, L Step, R Stomp

57-58 Right Step Forward, Pivot $\frac{1}{2}$ Left- Now Facing 9 O'Clock

59&60 Right Step Forward, Two Heel Bounces while making a $\frac{1}{4}$ Left (end with weight on the right)- Now Facing 6 O'Clock

61-62 Left Large Step To The Left, Slide Right together with Heel extended to Right

63-64 Right Step Home, Left Stomp Home

Last Update - 2 June 2020

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