

# SF Macarena

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**Count:** 32

**Wall:** 1

**Level:** High Improver - Samba & Funky

**Choreographer:** YoungSoon Song(KR), HyunAh Lee(KR), Hee Sun Lee(KR), SoYeun Choi(KR) May 2020

**Music:** "Ayy Macarena" - Tyga

**Intro: 16 counts - No Restart, No Tag**

**S1: TOUCH, FLICK, STEP, HEEL, STEP, SHIMMY**

**1&2LF Touch Forward(1), LF Flick L(&), LF Step Forward(2)**

**3&4RF Heel Touch Forward(3), RF Step Together(&), LF Step Forward(4)**

**5&6RF Weight Backwards with Shimmy R(5), L(&), R(6)**

**7&8LF Weight Forward with Shimmy R(7), L(&), R(8)**

**S2: HIP BUMP WITH HAND MOTIONS, SWAY R, L, HIP CIRCLE**

**1&RF Step Side and Hip Bump L with Put out Right Hand with Palm Up(1), LF Hip Bump R with Put out Left Hand with Palm UP(Stay Right Hand Palm Up)(&)**

**2&RF Hip Bump L with Put your Right Hand on the Left Chest(Stay Left Hand Palm Up)(2), LF Hip Bump R with Put your Left Hand on the Right Chest(Stay Right Hand on the Left Chest)(&)**

**3&RF Hip Bump L with Put your Right Hand Behind your Right Head(Stay Left Hand on the Right Chest)(3), LF Hip Bump R with Put your Left Hand Behind your Left Head(Stay Right Hand Behind Your Head)(&)**

**4&RF Hip Bump L with Put your Right Hand on the Right Pelvis(Stay Left Hand Behind your Head)(4), LF Hip Bump R with Put your Left Hand on the Left Pelvis(Stay Right Hand on the Pelvis)(&)**

**5-6RF Sway R(5), LF Sway L(6)**

**7-8RF Hip Circle L to L**

**S3: CROSS POINT R, L, HALF DIAMOND, 1/2 TURN**

**1&2&RF Cross Over(1), LF Step L(&), RF Cross Point Forward(2), RF Step R(&)**

**3&4&LF Cross Over(3), RF Step R(&), LF Cross Point Forward(4), LF Step L(&)**

**5&6&RF Cross Over(5), LF Step L(&), RF 1/8 Back(1:30)(6), LF Hitch(&)**

**7&8LF Step Back(7), RF 1/8 Turn R(3:00)(&), LF 1/2 Turn R(9:00)(8)**

**S4: BACHUCADA 4X, 1/4 TURN, HIP ROLLING R, L, R, TOGETHER**

**1&aRF Ball Forward(1), RF Press Ball Forward, L Hip Roll(&), Recover onto LF(a)**

**2&aRF Step Back(2), LF Press Ball Forward, R Hip Roll(&), Recover onto RF(a)**

**3&aLF Step Back(3), RF Press Ball Forward, L Hip Roll(&), Recover onto LF(a)**

**4&aRF Step Back(4), LF Press Ball Forward, R Hip Roll (&), Recover onto RF(a)**

**5-6RF 1/4 Turn L Press with Slow Hip Roll R(12:00)(5), LF Recover Weight with Slow Hip Roll L(6)**

**7-8RF Slow Hip Roll R(7), RF Step Together(Weight RF)(8)**

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**Last Update - 19 May 2020**

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