

Ride It, Lose Control

LINEDANCE.COM

Count: 32

Wall: 4

Level: Beginner / Improver

Choreographer: Step5678 (May 2020)

Music: Ride It by Regard

Intro: 32 Counts

Restart: On Wall 5 After 16 Counts (facing 6:00)

S1: Rock Fwd/Rec (R), Triple Back (R), Rock Back/Rec (L), Triple Fwd (L)

- 1-2** Rock L fwd (1), Recover on R (2)
- 3&4** Step L back (3), Step R next to L (&), Step L back (4)
- 5-6** Rock R back (5), Recover on L (6)
- 7&8** Step R fwd (7), Step L next to R (&), Step R fwd (8)

S2: ¼ Left Rock Side/Rec (R), Behind-Side-Cross (R), Rock Side/Rec (L), ¼ Left Sailor Step

- 1-2** Turn ¼ right and rock L to left side (1), Recover on R (2)
- 3&4** Step L behind R (3), Step R to right (&), Cross L over R (4)
- 5-6** Rock R to side (5), Recover on L (6)
- 7&8** Step or sweep R behind L (7), Turn ¼ left-step L to left side (&), Step R fwd (8)

*****Restart Here On Wall 5*****

S3: Step Fwd (R), Kick (L), Coaster Step (L), Fwd Step Touches (R&L)

- 1-2** Step L fwd (1), Kick R fwd (2)
- 3&4** Step R back (3), Step L next to R (&), Step R fwd (4)
- 5-6** Step L fwd on left diagonal (5), Touch R next to L (6)
- 7-8** Step R fwd on right diagonal (7), Touch L next to R (8)

S4: Step Side, Behind, ¼ Right Triple Fwd (R), ½ Right Pivot Turn, Triple Fwd (L)

- 1-2** Step L to left (1), Step R behind L (2)
- 3&4** Turn ¼ L and step L fwd (3), Step R next to L (&), Step L fwd (4)
- 5-6** Step R fwd (5), Pivot ½ turn left (weight on R) (6)

7&8 Step R fwd (7), Step L next to R (&), Step R fwd (8)

Ending: If You Want To Finish Dance At 12:00, Simply Spin On L- $\frac{1}{2}$ Turn Left After Wall 9.

Let's Dance!!!

Contact: keepstpn@aol.com

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=142237