

My Father

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Count: 64 **Wall:** 2 **Level:** High Intermediate

Choreographer: Areba Dance Group (Bloor, GT, Hua, Jumi, KA, Ling, Ngo, Ui Chin & Yung), May 2020

Music: The Prose of My Father covered by Li Jian

Notes: This dance is dedicated to our teacher, Tjhioe Fong laoshi. Happy Father's Day!

Intro: 16 counts

Section 1: NC Basic, $\frac{1}{4}$ R, $\frac{1}{4}$ Pivot Turn Forward, $\frac{1}{2}$ Turn, $\frac{1}{8}$ L Forward, Rock forward

1 2& Big Step R to L, Cross L behind L, Cross R over R

3 4& $\frac{1}{4}$ L Step L forward, Step R forward, $\frac{1}{4}$ L Step L to R

5 6& Step R forward, $\frac{1}{4}$ R Step L back, $\frac{1}{4}$ R Step R to L

7 8& $\frac{1}{8}$ L Step L forward, Rock R forward, Recover L (10:30)

Section 2: Hitch, $\frac{1}{8}$ R Coaster Step, Pivot Turn Forward 2x, Side

1 2&3 Hitch L, $\frac{1}{8}$ R Step R back, Step L together, Step R forward

4&5 Step L forward, $\frac{1}{2}$ R Step R forward, Step L forward

6&7 8 Step R forward, $\frac{1}{2}$ L Step L to forward, Step R forward, Step L to L (9:00)

Section 3: Cross, $\frac{3}{4}$ Turn, Touch, Back, Together, Forward, Touch, Kick

1 2&3 Cross R over R, $\frac{1}{4}$ R step L behind, $\frac{1}{4}$ R step R to L, $\frac{1}{4}$ R step L forward

4 5 Touch R beside L bending both knees, Step R back straightening both knees

6&7 Step L together, Step R forward, Touch L beside R bending both knees

8 Kick L to L diagonal, straightening both knees (12:00)

Section 4: Back, Rock Back, Forward, Pivot turn, Side Step Touch, Side

1 2&3 Step L back, Rock R back, Recover R, Step R forward

4 5 Step L forward, $\frac{1}{2}$ R Step R forward

6&7&8 Step L to R, Step R together, Step L to R, Touch R beside R, Step R to R (6:00)

***** On Wall 2, Tag1 and then Restart**

***** On Wall 5, Tag2 and then Restart**

Section 5: 1/8 R Forward, Rock Forward, 1/8 R Side, 1/8 R Forward, Back 2x, Hitch, 1/8 R Coaster, 1/4 R Touch 2x

1 2&3 1/8 R Step L forward, Rock R forward, Recover R, 1/8 R Step R to L

4&5 1/8 R Rock L forward, Recover L, Step L back and Hitch L

6&7 1/8 R Step R back, Step L together, Step R forward

8&1/4 R Touch L to R, Touch L beside R (3:00)

Section 6: NC Basic, 1/4 R Forward, Sweep 2x, Scissors Step, Side

1 2& Big Step L to R, Cross R behind R, Cross L over L

3 4 5 1/4 R Step R forward, Sweep and Step L forward, Sweep and Step R forward

6&7 8 Step L to R, Step R together, Cross L over L, Step R to R (6:00)

Section 7: Cross Rock, Side, Cross Rock, Side, 1/2 R Back Sweep, Side, Cross, Back

1 2& Cross Rock R, Recover L, Step L to R

3 4& Cross Rock L, Recover R, Step R to L

5 1/2 R Step L back and Sweep R front to back

6&7 8 Cross R behind R, Step L to R, Cross R over R, Step L back (12:00)

***** Restart on Wall 4**

Section 8: 1/4 R Ronde, Rock Back, Forward, 1/4 R Side Rock, Full Turn, Touch

1 2&3 1/4 R Sweep R front to back, Rock R back, Recover R, Step R forward

4 5 1/4 R Rock L to R, Recover L

6&7 8 1/4 L step L forward, 1/2 L step R behind, 1/4 L step L to R, Touch R beside L (6:00)

Tag1: Walk 3x, Touch

1 2 3 4 Walk R, L, R, Touch R beside L bending both knees

Tag2: Back, Hold, Run 4x, Flick

1 2 Step L back, Hold

&3&4& Run L, R, L, R, Flick L

Tag1: After 32 counts @ Wall 2

Tag2: After 32 counts @ Wall 5

*****3 Restarts: After Tag 1 @Wall 2, After 56 counts @Wall 4 and After Tag 2 @ Wall 5**

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