

Ladies Night

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Georgie Mygrant (USA) - November 2021

Music: - Kool & The Gang

Intro: 32 counts

Toe/Heel R/L Fwd. Rocking Chair

1-8 Step R Toe/Heel, Step L toe/Heel, Step fwd. R, Rock back on L, Rock back on R, Return fwd. to L

Vine R, Vine L

1-8 Step R, L behind R, step R, touch L, Step L, R behind L, Step L, touch R

Toe/Heel Back, Rocking chair Back

1-8 Step R Toe/Heel, L Toe/Heel back, Step Back on R, Rock fwd. on L, Rock fwd. on R, Return back to L

Vine R, turn ¼ L, Walk Fwd. R/L/R/L

1-8 Step R, L behind R, touch L and turn ¼ L, step on L, Walk fwd. R/L/R/L

That's it! Happy Dancing! mygeo@adamswells.com

Have fun with this easy Disco routine!