

Mama

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: Sobrielo Philip Gene, Jaszmine Tan, Jennifer Choo Sue Chin, Christina Yang, Rhoda Lai, Winda Dendi, Rebecca Lee - May 2020

Music: Mama by Spice Girls

Intro : 32 counts

Note : Restart on Wall 2 after 48 count (6:00)

This dance was choreograph for ONlive Dance At Home Asia 2 Mother's Day , specially dedicated to all mothers out there.

[1 - 8] RUMBA BOX, COASTER STEP, WALK WALK

- 1 & 2** Step L to L (1), Step R beside L (&), Step L forward (2) 12:00
- 3 & 4** Step R to L(3), Step L beside R (&) Step R back (4) 12:00
- 5 & 6** Step L back(5) Step R beside L (&), Step L forward (6) 12:00
- 7 - 8** Walk R forward (7), Walk L forward (8) 12:00

[9 - 16] FORWARD ROCK ¼ TURN L, CROSS ROCK, KICK BALL POINT, ¼ PADDLE R X2

- 1 & 2** Rock R forward (1), Recover L (&) ¼ turn R Step R to R (2) 9:00
- 3 & 4** Cross L over R (3) Recover L (&) Step L to L (4) 9:00
- 5 & 6** Kick R forward (5) Step R in place (&) Point L to L (6) 9:00
- 7 - 8¼ turn R touch L to L side (7) ¼ turn R touch L to L side (8) 3:00**

[17 - 24] CROSS SHUFFLE, ½ R CROSS SHUFFLE, 1/4 TURN L FORWARD MAMBO, BACK DRAG

- 1 & 2** Cross L over R (1), Step R to R (&) Cross L over R (2) 3:00
- 3 & 4½ turn R Cross R over L (3) Step L to L (&) Cross R over L (4) 9:00**

5 & 6¼ turn L Rock L forward (5) , Recover R (&) Step L back (6) 12:00

(During chorus: fingers make a heart shape on count 5 in front of chest, straighten both arms forward with fingers still showing the heart shape on count 6)

7 - 8 Big step R back (7), Drag L towards R and close next to R (weight on R)(8) 12:00

[25 - 32] FORWARD SHUFFLE, ½ R TURN SHUFFLE, COASTER STEP, ROCKING CHAIR

1 & 2 Step R forward (1) Step L beside R (&) Step R forward (2) 12:00

3 & 4¼ turn R Step L to L (3), Step R beside L (&), ¼ turn R Step L back (4) 6:00

5 & 6 Step R back (5) Step L beside R (&) Step R forward (6) 6:00

7 & 8 & Rock L forward (7), Recover R (&) Rock L back (8) Recover R (&) 6:00

[33 - 40] CROSS R, POINT L, CROSS L, HITCH L ¼ L, L LOCK STEP, SIDE , DRAG

1 - 2 Cross L over R (1), Point R to R side (2) 6:00

3 - 4 Cross R over L (3), Hitch L turning ¼ R (4), 3:00

5 & 6 Step L forward (5) Step R behind L (&) Step L forward (6) 3:00

7 - 8 Big Step R (7) Drag L next to R (8) 3:00

[40 - 48] SIDE ROCK BACK, ¼ TURN R SIDE ROCK BACK, LOCK STEP , SIDE ROCK BACK

1 & 2 Step L to L side (1), Step R behind L (&) Recover L (2) 3:00

3 & 4¼ turn R Step R to R side (3) Rock L behind R (&) Recover R (4) 12:00

5 & 6 Step L diagonally forward to L (5), Lock R behind L (&), Step L diagonally forward to L 12:00

7 & 8 Step R to R side (7) Step L behind R (&) Recover R (8) 12:00

[49-56] SIDE ROCK, STEP L SWEEP L, DIAGONAL FORWARD ROCK, WALK BACK

1 - 2 Rock L to L side (1) Recover L(2) 12:00

- 3 - 4** Step L forward as R sweep from back to front (3) Cross R over L turning body to 1:30 (4) 1:30
- 5 - 6** Rock L forward (5) Recover R (6) 1:30
- 7 - 8** Walk L back (7) Walk R back (8) 1:30

[57-64] COASTER STEP, PIVOT 3/8 TURN POINT, CROSS SIDE ROCK, CROSS SIDE ROCK, CROSS

- 1 & 2** Step L back (1) Step R beside L (&) Step L forward (2) 1:30
- 3 & 4** Step R forward (3) ,3/8 turn L Step L forward (&) Point R to R side (4) 6:00
- 5 & 6** Cross R over L (5) Rock L to L side (&) Recover R (6) 6:00
- & 7 & 8** Cross L over R (&) Rock R to R side (7) Recover L (&) Cross R over L (8) 6:00

Last Update - 13 June 2020 -R2

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