

Head To Toes

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Count: 64

Wall: 2

Level: Phrased Intermediate

Choreographer: Romain Brasme (FR) & Guillaume RICHARD (FR) May 2020

Music: Head Shoulders Knees & Toes, by Offenbach & Quarterhead (feat Norma Jean Martine)

Phrasing: A - BB - A (32counts) - Restart A - BB - A (32 counts) - Restart BB - A

Intro: 32 counts

Restart : At wall 4, dance the first 32 counts of part A, and restart with part A

At wall 8, dance the first 32 counts of part A, and restart with part B

PART A: 48 counts

[1 - 8] Step Back x2, Coaster Cross $\frac{1}{4}$ turn, Ball Cross, Shuffle $\frac{1}{4}$ turn, $\frac{1}{2}$ turn

- 1-2** Step RF back (1), Step LF back (2) 12:00
- 3&4** Step RF back (3), Make $\frac{1}{4}$ turn L stepping ball of LF next to RF (&), Cross RF over LF (4) 3:00
- &5-6** Step on ball of LF to R (&), Cross RF over LF (5), Step LF to R (6) 3:00
- &7-8** Step RF next to LF (&), Make $\frac{1}{4}$ turn R stepping LF fwd (7), Make $\frac{1}{2}$ turn L stepping on RF (8) 6:00

[9 - 16] Step Touch x2, $\frac{1}{4}$ turn, Kick Out Out, Head $\frac{1}{4}$ turn

- 1-2** Step LF diagonally fwd (1), Touch RF next to LF (2) 6:00
- 3-4** Step RF diagonally fwd (3), Touch LF next to RF (4) 6:00
- 5-6** Make $\frac{1}{4}$ turn R as you switch weight on LF and pop L knee (5), Kick RF fwd (6) 3:00
- &7-8** Step RF out L (&), Step LF out F (7), Turn $\frac{1}{4}$ R your head (8) 3:00

[17 - 24] Ball, Side Rock, Sailor Step $\frac{1}{2}$ turn, Ball Touch & Hold x2

- &1-2** Step on ball of RF next to LF (&), Step LF to R (1), Recover on RF (2) 3:00

- 3&4** Make ¼ turn R stepping LF back (3), Make ¼ turn R stepping RF to L (&), Step LF fwd (4) 9:00
- &5-6** Step RF diagonally fwd (&), Touch LF next to RF (5), Hold (6) 9:00
- &7-8** Step LF diagonally fwd (&), Touch RF next to LF (7), Hold (8) 9:00

[25 - 32] Ball, Cross Rock, Shuffle, Jazz Box ¼ turn

- &1-2** Step on ball of RF to L (&), Cross LF over RF (1), Recover on RF (2) 9:00
- 3&4** Step LF to F (3), Step RF next to LF (&), Step LF to R (4) 9:00
- 5-6** Cross RF over LF (5), Make ¼ turn L stepping LF back (6) 12:00
- 7-8** Step RF to L (7), Cross LF over RF (8) 12:00

[33 - 40] Grapevine, Step Touch x2

- 1-2** Step RF to L (1), Cross LF behind RF (2) 12:00
- 3-4** Step RF to L (3), Touch LF next to RF (4) 12:00
- 5-6** Step LF to R (5), Touch RF next to LF (6) 12:00
- 7-8** Step RF to L (7), Touch LF next to RF (8) 12:00

[41 - 48] Grapevine and Rolling Vine, Slide, Kick Ball Step

- 1-2** Step LF to R (1), Cross RF behind LF (2) 12:00
- 3-4** Make ¼ turn R stepping LF fwd (3), Make ½ turn R stepping RD back (4) 3:00
- 5-6** Make ¼ turn R stepping LF to R (5), Drag RF next to LF (6) 12:00
- 7&8** Kick RF fwd (7), Step on ball of RF next to LF (&), Step LF fwd (8) 12:00

PART B : 16 counts

[49 - 56] Ball Step, Hold, Shoulders Pop, Hitch Ball Point, Hold, Point, Hip Bumps

- &1-2** Step RF fwd (&), Step LF next to RF (1), Hold (2)

On count 1: Put both of your hands on each side of your head 12:00

&3-4 Pop your shoulders up (&), Bring back down your shoulders (3), Hitch L knee fwd (4)

On count 4: Tap your L knee with both hands 12:00

&5-6 Step down on ball of RF (&), Point LF to R (5), Hold (6)

On count 5: Point down both index fingers, straight arms 12:00

&7&8 Step LF next to RF (&), Point RF to L (7), Push L hip up (&), Bring back L hip down (8) 12:00

[57 - 64] Sailor Step x2, Step, Hold, ½ turn, Hold

1&2 Cross RF behind LF (1), Step LF to R (&), Step RF to L (2) 12:00

3&4 Cross LF behind RF (3), Step RF to L (&), Step LF to R (4) 12:00

5-6 Step RF forward and raise your hands up (5), Hold (6) 12:00

7-8 Make ½ turn R stepping on LF and bring back your hands down (7), Hold (8) 6:00

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