

# Achy Breaky Heart

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Laura Rittenhouse (AUS) - October 2021

**Music:** - Billy Ray Cyrus

## Start after 16 counts

### S1: RAMBLE RIGHT & LEFT

(Start with weight placed evenly on both feet.)

**1,2,3,4** Swivel both heels right, Swivel both toes right, Swivel both heels right, Hold

**5,6,7,8** Swivel both heels left, Swivel both toes left, Swivel both heels left, Hold

### S2: ROCK BACK, TAP HEEL, ROCK FWD, TAP TOE; REPEAT

**1,2,3,4** Rock back on R foot, Tap L heel in place, Rock fwd on L foot, Tap R toe in place

**5,6,7,8** Rock back on R foot, Tap L heel in place, Rock fwd on L foot, Scuff R fwd

### S3: LOCK FORWARD

**1,2,3,4** Step R forward, Lock L behind R, Step R forward, Swing L forward

**5,6,7,8** Step L forward, Lock R behind L, Step L forward, Touch R beside L

### S4: ZIGZAG BACK TO TURN ¼ L

**1,2,3,4** Step R back on R diagonal, Touch L beside R, Step L back on L diagonal, touch R beside L

**5,6,7,8** Step R back on R diagonal, Touch L beside R, Turning ¼ L step L back on L diagonal (9:00), Stomp R beside L (placing weight evenly on both feet)