

# Distant Flowers

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**Count:** 32      **Wall:** 4      **Level:** High Improver

**Choreographer:** Paul James, Stacie White & Hannah Day. (May 2020)

**Music:** Flowers by DJ Spooky ft Sugababes

## Count In - 32 Counts.

**Restarts - On wall 7, 9 and 11 after count 16.**

### [1-8] Cross, Back, and Cross, Step, Cross Unwind, Hip Bumps.

- 1,2      Cross RF over LF (1) Small step LF back (2)  
&3,4      Step RF next to LF (&) Cross LF over RF (3) Small step RF to R.  
5,6      Cross LF behind RF (5) Unwind  $\frac{1}{4}$  turn R (6)  
7,8      Bump hips out - L R (7,8)

### [9-16] V Step (Romford Two Step), Step F, $\frac{1}{4}$ Heel Bounces.

- 1,2,3,4      Step RF forward & slightly out (1) Step LF forward & slightly out (2) Step RF back in place (3) Step LF back in place (4)

### \*Romford Two Step Arm Styling optional & explained on walkthrough video\*

- 5,      Step RF forward (5)  
6,7,8      Making  $\frac{1}{4}$  turn L, bounce heels x3 (6,7,8)

**(Restart here after count 16 on walls 7, 9 & 11)**

### [17-24] Toe Heel Taps x2, Rock Recover, Rock Recover Touch.

- 1,2      Touch L toe next to R foot (1) Touch L heel next to R foot (2)  
&3,4      Switch weight onto RF (&) Touch R toe next to RF (3) Touch R heel next RF  
5,6      Rock LF out to R (5) Step & recover LF next to RF (6)  
7,8      Rock RF out to L (7) Recover and touch L toe next to LF (8)

### [25-32] $\frac{1}{4}$ Jazz Box With A Touch, Slide, Together, Double Knee Hitch + Arms.

- 1,2      Cross RF over LF (1) Make  $\frac{1}{4}$  turn L stepping back on LF (2)  
3,4      Step RF to L (3) Touch R toe next to RF (4)  
5,6      Big step LF to L, dragging RF to LF, (5) Step RF next to LF (6)

**7,8** Hitch lift L knee x2 keeping L knee up to finish, pushing hands up with the hitches (7,8)

**Demo & Walk Through Video Will Be Available On YouTube Account - cudgefudge**

**We Hope You Enjoy & Happy Dancing**

**Contact - paul.jc31@gmail.com**

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