

One More Time

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Jan Brookfield (UK) & Seonhee Lim (KOR) - September 2021

Music: - Rod Stewart

No tags or restarts

Start dance on vocals

SIDE ROCK, BEHIND-SIDE-CROSS, SIDE ROCK, CROSS SHUFFLE

- 1-2** Rock R to side, recover to L
- 3&4** Step R behind L, step L to side, step R across L
- 5-6** Rock L to side, recover to R
- 7&8** Step L across R, step R to side, step L across R

KICK-BALL-CHANGE (2X), STEP-TURN, FORWARD SHUFFLE

- 1&2** Kick R forward, step down on ball of R lifting L slightly, step down on L
- 3&4** Kick R forward, step down on ball of R lifting L slightly, step down on L
- 5-6** Step R forward, turn 1/2 left
- 7&8** Step R forward, step L beside R, step R forward

FORWARD ROCK, COASTER STEP, STEP-TURN (2X)

- 1-2** Rock L forward, recover to R
- 3&4** Step L back, step R beside L, step L forward
- 5-6** Step R forward, turn 1/4 left
- 7-8** Step R forward, turn 1/2 left

CROSS-TOUCH (2X), WALK BACK

- 1-2** Step R across L, touch L to side
- 3-4** Step L across R, touch R to side
- 5-6** Step R back, step L back
- 7-8** Step R back, step L beside R

Repeat

Submitted by Don Corrigan Sept. 25, 2021

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=154405