

Bluebird In My Heart

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Mark Sandland / Linda Alfonsi - May 2020

Music: Bluebird - Miranda Lambert

Dance starts with Lyrics after 16 counts

Lock step, Rock recover, Lock step, Rock recover

- 1&2** Step Right foot forward, step right foot behind right, step left foot forward (weight on right)
- 3-4** Rock forward on right foot, transfer weight back to left foot
- 5&6** Step Left foot forward, step left foot behind left, step forward right (weight on left)
- 7-8** Rock forward on left foot, transfer weight back to right foot

Shuffle half turn, Shuffle half turn, Coaster Step, Step touch.

- 1&2** Step left foot $\frac{1}{4}$ turn to the right, step right foot next to left foot, step left foot $\frac{1}{4}$ to the left (weight on right, facing 6:00)
- 3&4** Step right foot into a $\frac{1}{4}$ to the right, step left foot next to right foot, step back right into $\frac{1}{4}$ turn left (weight on right facing 12:00)
- 5&6** Step back on left foot, step back right foot next to left (weight on left), step forward left (weight on right)
- 7-8** Step right foot to right side, touch left foot next to right (weight on left)

Restart here 3rd wall (6 o'clock)

Right Rock Recover Cross, Left Rock Recover Cross, Pivot $\frac{1}{2}$ turn, Full turn,

- 1&2** Step left foot to left side, transfer weight back to left, cross left foot over right (weight on right)
- 3&4** Step right foot to right side, transfer weight back to right, cross right foot over left foot (weight on left)
- 5-6** Step left foot forward, turn a $\frac{1}{2}$ turn to the left, transfer weight to the right foot
- 7-8** Turn a $\frac{1}{2}$ turn over right shoulder by stepping back on left foot, bring right foot around to continue $\frac{1}{2}$ turn over right shoulder then step forward with right foot (weight on left).

(opt 7&8& - Rocking chair)

Step touch, Step touch, Kick ball change, ¼ turn left.

- 1-2** Step left foot to left side, touch right foot next to left (weight on right)
- 3-4** Step right foot to right side, touch left foot next to right (weight on left)
- 5&6** Kick left foot forward, step back on the ball of L foot, step right foot in place.
- 7-8** Step left foot forward, turn ¼ left, transfer weight to right foot.

Tag: 4 counts: 3 o'clock wall 2nd time

Skate right, left, left ,left

- 1-2** Slide left foot diagonally forward to left side, Slide right foot diagonally forward to right side
- 3-4** Repeat

Last Update - 13 May 2020

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