

Whiplash

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Count: 32 **Wall:** 4 **Level:** Absolute Beginner

Choreographer: Sharon Fromow (CAN), Rob Fowler (ES) & I.C.E. (ES) - May 2021

Music: - MercyMe : (Album: inhale (exhale))

(Intro: 16 count/ Dance starts on lyrics)

[S1] R Side Mambo, L Side Mambo, Mambo Fwd, Mambo Back

- 1&2** Step R to the side, Recover weight back onto L, Step R next to L
- 3&4** Step L to the side, Recover weight back onto R, Step L next to R
- 5&6** Step forward on R, Recover weight back onto L, Slightly step back on R
- 7&8** Step back on L, Recover weight back onto R, Slightly step forward on L

[S2] Box 1/4R Turn, Syncopated Rocking Chair, Step-Pivot 1/2L

- 1 2** Cross R over L, Make a 1/4 turn right stepping back on L
- 3 4** Step R to the side, Step forward on L
- 5&** Rock forward on R, Replace weight on L
- 6&** Rock back on R, Replace weight on L
- 7 8** Step forward on R, Make a 1/2 turn left replace weight on L

No tags or restarts

Ending suggestion:

The last wall starts facing 9:00. Dance up to count 4, then

Step forward on R (5), Recover weight back onto L (&), Make a 1/4 turn right stepping forward on R (6), Cross L over R (7), Hold (8) (12:00)

Please feel free to contact me if you need any further information.

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(updated: 15/Sept/21)