

Moving on Up Cha

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Count: 64

Wall: 4

Level: Intermediate

Choreographer: YoungSoon Song(KOR), Hyun Ah Lee(KOR), Hee Sun Lee(KOR), SoYeun Choi(KOR) June 2020

Music: M People - Moving On Up

Intro : 48 counts

#1 TAG(8 COUNT) + 1 RESTART (Wall 2 after 40 counts)

Tag : Wall 2 after 32 counts

[2 - 8] OUT, OUT, IN, BESIDE STEP, BACK STEP, SWEEP ¼, TURN, BEHIND SIDE CROSS(10:30)

&2 & 3LF Step Out(&) RF Step Out(2) LF Step In(&),LF Beside RF step(3)

4 - 6LF 1/4 Turn L Step Back with RF Sweep(4,5,6)

7 & 8RF Cross behind(7) LF side(&) RF Cross Over(8) (10:30)

S1. DIAGONAL WALKS FWD(L,R,L), FWD LOCK STEP, ROCK STEP BACK, LOCK BACK

1 2 3 Diagonal Step LF forward(10:30), LF(1), RF(2), LF(3)

4&5RF Step forward(4), LF Cross behind(&), RF Step forward(5)

6 -7LF Step forward(6) , RF Recover(7) .

8&1LF Step back(8), RF Cross Over LF(&), LF Step back(1)

S2. ROCK STEP BACK, RECOVER, FWD LOCK STEP, TURN 1/2, FWD, LOCK STEP(4:30)

2-3RF Step back(2), LF Recover(3)

4&5RF Step forward(4), LF Cross behind(&), RF Step forward(5)

6-7LF Step(6), 1/2 Step Turn R(4:30)(7)

8&1LF Step forward(8), RF Cross behind(&), LF Step forward(1)

S3. DIAGONAL ROCKING CHAIR □ 2, DIAGONAL ROCKING CHAIR □ 2

2&3&RF Step forward(2), LF recover weight(&), RF Step backward(3), LF recover weight(&)

4&5RF Step forward(4), LF recover weight(&), RF Step L side(5)

6&7&LF Step forward(6), RF recover weight(&), LF Step backward(7), RF recover weight(&)

8&1LF Step forward(8), RF recover weight(&), LF Step R side(1)

S4. DIAGONAL ROCKING CHAIR, DIAGONAL ROCKING CHAIR, CROSS 1/4 TURN, STEP BACK MAMBO

2&3RF Step forward(2), LF Recover weight(&), RF Step side(3)

4&5LF Step forward(4), RF Recover weight(&), LF Step side(5)

6-7RF Cross(6), LF 1/4 Turn step back(9:00)(7)

8&1RF Step back(8), LF Recover weight(&), RF Step forward(1)

S5. FORWARD MAMBO, BACK MAMBO, SIDE MAMBO, SIDE MAMBO

2&3LF Step forward(2), RF Recover weight(&), LF Step backward (3)

4&5LF Step backward(4) RF Recover weight(&), LF Step forward (5)

6&7LF Step side(6), RF Recover weight(&), LF Step together(7)

8&1RF Step side(8), LF Recover weight(&), RF Step together(1)

S6. OUT, OUT, IN, IN □ 2, OUT, OUT, HIP ROLLS, CROSS 1/4, BACK MAMBO

&2&3LF Out(&), RF Out(2), LF IN(&), RF IN(3)

&4&5LF Out(&), RF Out(4), LF IN(&), RF IN(5)

&6LF Out(&), RF Out(6),

7-8 Roll hips counterclockwise (Hip roll L-R / center of gravity right foot)(7,8)

S7. CROSS, 1/4 TURN, BACK MAMBO, WALK, WALK, STEP FORWARD 1/2 TURN

1-2RF Cross L(1), LF 1/4 Turn R(12:00)(2)

3&4RF Step backward(3), LF Recover weight(&), RF Step forward (4)

5-6LF Step forward(5), RF Step forward(6)

7-8LF Step forward(7), RF Step 1/2 Turn(6:00)(8)

S8. TIMESTEP □ 3, BEHIND, SIDE, CROSS

1&2LF Together R(1), RF In place(&), LF Step side(2)

3&4RF Together L(3), LF In place(&), RF Step side(4)

5&6LF Together R(5), RF In place(&), LF Step side(6)

7&8RF Behind L(7), LF Step side(&), RF Cross L(8)

Enjoy dance

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