

# First Thing I Reach For

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**Count:** 56                      **Wall:** 1                      **Level:** High Beginner

**Choreographer:** Cheryl Levin (Florida, USA) June 2020

**Music:** "First Thing I Reach For" - Ashley McBryde (avl. Amazon.com)

**Dance starts on count 8 on the word "liquor", one Restart on Wall 4**

**1/2 RHUMBA BOX FORWARD, 1/2 RHUMBA BOX FORWARD, 1/2 RHUMBA BOX BACKWARD, 1/2 RHUMBA BOX BACKWARD**

**1& 2&R step sideways, R step together, L step forward, hold,**

**3&4&L step sideways, L step together, R step forward, hold**

**5&6&R step sideways, R step together, L step backward, hold**

**7&8&L step sideways, L step together, R step backward, hold**

**SIDE SHUFFLE, SWAY, SWAY, ROCK, RECOVER, SHUFFLE FULL TURN**

**1&2&, 3, 4,R, L, L sideways shuffle, sway left, sway right,**

**5&6, 7&8L rock forward recover on right, step R and shuffle full turn to right (R, L, R)**

**STEP BACK, STEP BACK, BACK COASTER, SCISSOR STEP, SCISSOR STEP**

**1, 2, 3&4, Step back on L, step back on R, back coaster step (L, R, L)**

**5&6, 7&8R step out, R step center, L crossover R in front, R step out, L step center, R cross over R**

**3 ROCK RECOVERS ½ TURN TO BACK, STEP, 3 ROCK RECOVERS ½ TURN TO FRONT**

**1&2&, 3&4R rock, recover right 3X during ½ turn to back, step on R**

**5&6&, 7&8L rock, recover left 3X during ½ turn back to front, step on L**

**3 STEPS BACK, STEP BACK, 2 STEPS FORWARD, SHUFFLE FORWARD, STEP TOGETHER**

**1, 2, 3,4 3steps backward (R, L, R), R step backward**

**&5, 6&7, 8R step forward, R step forward, shuffle forward (R, L, R), step together**

**VINE RIGHT, ROCKING CHAIR, STEP, POINT FRONT, POINT SIDE, STEP TOGETHER**

**1&2&R step sideways, R behind, L side, R cross over front,**

**3&4&R forward, R back. L back, R forward**

**5, 6, 7, 8R step together, R points front, side, together**

**VINE LEFT, ROCKING CHAIR, STEP, POINT FRONT, POINT SIDE, STEP TOGETHER**

**1&2&, 3&4&L step sideways, L cross behind left, R step side, L cross over front, R step front, L step back, R step back, L step forward**

**5, 6, 7, 8L step together, L point front, side together**

**Any questions? [cplevin@gmail.com](mailto:cplevin@gmail.com)**

**Let's all keep dancing during these difficult times!**

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