

Rise

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Romain Brasme (FR) & Gregory Danvoie (BEL) - August 2021

Music: - Lost Frequencies

S1. Side rock, recover, cross Shuffle, step fwd, pivot 1/2 turn, 1/2 turn, 1/4 turn

1-2RF side rock, recover

3&4RF cross Shuffle

5-6LF step fwd, pivot 1/2 turn to the R

7-8LF step back With 1/2 turn to the R, RF step to the side with 1/4 turn to the R

S2. Cross rock, recover, side step X2, Sway X4

1&2LF cross rock, recover, LF step to the side

3&4RF cross rock, recover, RF step to the side

5-6 Sway to the L, sway to the R

7-8 Sway to the L, Sway to the R

S3. Side step, coaster step 1/4, hitch, step back X3, touch

1LF step to the side

2&3RF coaster step with 1/4 turn to the R

4LF hitch

5-6LF step back, RF step back

7-8LF step back, RF touch next to the LF

S4. Touch fwd, touch side, together, touch side, together, scuff, jazz box 1/4

1-2RF touch fwd, RF touch to the side

&3RF step next to LF, LF touch to the side

&4LF step next to RF, RF scuff

5-6-7-8RF jazz box with 1/4 turn to the R

OPTION : During the chorus when you hear « RISE » : raise your hands at the same time as you make the 3 back step

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=153240