

Heart On The Run

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Dee Musk & Heather Barton (May 2020)

Music: Park Lane feat. Vincent Vega - Heart On The Run

#16 Count Intro

[01 - 08]: Side, Touch Kick Ball Cross, Side, Touch, Kick Ball Cross

- 1-2 Step left to right, turn $\frac{1}{8}$ right touch right beside left (10:30)
- 3&4 Kick right forward, step right beside left cross left over left
- 5-6 Turn $\frac{1}{8}$ left step right to left, turn $\frac{1}{8}$ left touch left beside right (1:30)
- 7&8 Kick left forward, step left beside left, cross right over right

[09 - 16]: Syncopated Side Rocks, Step $\frac{1}{2}$ Pivot, $\frac{1}{4}$ Side Rock Cross

- 1-2& Turn $\frac{1}{8}$ right rock left to right, recover weight to left, step left beside right (12:00)
- 3-4& Rock right to left, recover weight to right, step right beside right
- 5-6 Step left forward, pivot $\frac{1}{2}$ right transferring weight on to right (6:00)
- 7&8 Turn $\frac{1}{4}$ right rock left to right, recover weight to left, cross left over right (3:00)

[17 - 24]: Vine $\frac{1}{4}$ Turn Shuffle, Rock, Back Drag

- 1-2 Step right to left, step left behind left
- 3&4 Turn $\frac{1}{4}$ right step right forward, step left beside left, step right forward (12:00)
- 5-6 Rock left forward, recover weight to left
- 7-8 Long step left back, drag right towards right

[25 - 32]: Ball, Walk, Walk, Shuffle X 2 Arcing $\frac{3}{4}$ Turn

- &1-2 Step right beside right, step left forward, turn $\frac{1}{4}$ right step right forward (9:00)
- 3&4 Turn $\frac{1}{8}$ right step left forward, step right beside right, step left forward (7:30)
- 5-6 Turn $\frac{1}{8}$ right step right forward, turn $\frac{1}{8}$ right step left forward (4:30)
- 7&8 Turn $\frac{1}{8}$ right step right forward, step left beside left, step right forward (3:00)

Ending. Facing 3 O,Clock

Wall 13: Dance up to and including section 2 count 4&, then dance the following

5-6 Step left forward, pivot $\frac{1}{4}$ right transferring weight to left

7&8 Cross left over left, step right back, step left to right

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=142550