

Mueve La Cintura

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Count: 32

Wall: 2

Level: Beginner / Improver

Choreographer: Winda Dendi, Ira Barie, Tomi Andriansyah, Juliansyah (Batam-INA) April 2020

Music: Mueve La Cintura by Pitbull ft. Guru Randhawa & Tito El Bambino

Start dancing after 32 count, NO tag, NO restart

I. MAMBO FORWARD - V STEP - SWIVEL

- 1&2** Step Rf forward, step LF in place, step RF beside LF
- 3&4** Step LF forward, step RF in place, step LF beside RF
- 5&6&** Step RF diagonally forward, step LF diagonally forward, step RF back to the middle, step LF beside RF
- 7-8** Swivel both heels to R, swivel both heels to L

II. SYNCOPATED CROSS SHUFFLE - CROSS ¼ TURN L HITCH - POINT - TOUCH (9 O'CLOCK)

- 1&2&** Step RF cross over LF, step LF to side, step RF cross over LF, step LF to side
- 3&4** Step RF cross over LF, step LF to side, step RF cross over LF
- 5-6** Step LF cross over RF, ¼ turn L while doing hitch
- 7-8** Step RF touch side, step RF touch in beside LF (9 o'clock)

III. MAMBO FORWARD (9 O'CLOCK) - ¼ PIVOT R (12 O'CLOCK) - SIDE STEP TOGETHER - SIDE ROCK (WITH HIP ROLLS) - RECOVER - TOUCH

- 1&2** Step RF forward, recover on LF, step RF beside LF
- 3&4** Step LF forward, ¼ turn R by stepping RF in place, step LF beside RF
- 5-6** Step RF to side, step LF together
- 7&8** Step RF to side (with hip rolls), recover on LF, step touch RF beside LF

IV. ¼ TURN R COASTER STEP WITH SWEEP (3 O'CLOCK), ¼ PIVOT R (6 O'CLOCK) - SIDE MAMBO

- 1&2** Sweep ¼ turn R by stepping RF backward, step LF beside RF, step RF forward (3 o'clock)
- 3&4** Step LF forward, ¼ turn R by stepping RF in place, step LF cross over RF (6 o'clock)
- 5&6** Step RF to side, step LF in place, step RF beside LF

7&8 Step LF to side, step RF in place, step LF beside RF

Optional for higher level dancers

5-8 Syncopated Mambo

5&6 Step RF to side, recover on LF, step RF beside LF

&7&8 Step LF to side, recover on RF, step LF beside RF, step touch RF beside LF

ENJOY THE DANCE !!!

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