

# Bad Habits

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**Count:** 64      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Julie Gillmore (UK) - June 2021

**Music:** - Ed Sheeran

**Intro 32 counts after heavy beat (14 seconds) on the word "before"**

## **Section 1: Side, flick, side, hitch, grapevine, touch**

- 1,2      Step right to right side. Flick left behind right (\*see below)
- 3,4      Step left to left side. Hitch right knee (\*see below)
- 5,6      Step right to right side. Step left behind right
- 7,8      Step right to right side. Touch left next to right

**\*Optional hand movement: Slap left foot with right hand on count 2, slap right knee with left hand on count 4**

## **Section 2: Side, flick, side, hitch, grapevine ¼ turn, touch**

- 1,2      Step left to left side. Flick right behind left (\*see below)
- 3,4      Step right to right side. Hitch left knee (\*see below)
- 5,6      Step left to left side. Step right behind left
- 7,8      Step forward on left making ¼ turn left. Touch right next to left

**\*Optional hand movement: Slap right foot with left hand on count 2, slap left knee with right hand on count 4**

## **Section 3: Walk, walk, walk, kick, back, kick (clap), back, kick (clap)**

- 1,2      Walk forward on right. Walk forward on left
- 3,4      Walk forward on right. Kick left forward
- 5,6      Step back on left. Kick right forward and clap
- 7,8      Step back on right. Kick left forward and clap

## **Section 4: Left coaster, brush, jazz box**

- 1,2      Step back on left. Step right next to left
- 3,4      Step left forward. Brush right next to left
- 5,6      Cross right over left. Step back on left

**7,8** Step right to right side. Cross left over right

**Last Update - 27 June 2021**

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