

Four Minutes

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Count: 64 **Wall:** 2 **Level:** Improver

Choreographer: Hayley Wheatley (UK) & Gregory Danvoie (B) - March 2020

Music: 4 minutes - Chad Cooke Band

S1. Side step, Behind, Shuffle forward with $\frac{1}{4}$ turn, Step forward, Pivot $\frac{1}{2}$ turn, Shuffle back with $\frac{1}{2}$ turn

1-2RF step to the side, LF cross behind RF

3&4RF shuffle forward with $\frac{1}{4}$ turn to the R

5-6LF step forward, pivot $\frac{1}{2}$ turn to the R

7&8LF shuffle back with $\frac{1}{2}$ turn to the R

S2. Step back X2, Coaster cross, Side rock, recover, Cross shuffle

1-2RF step back, LF step back

3&4RF coaster cross

5-6LF side rock, recover

7&8LF cross shuffle

S3. 8 figure

1-2RF step to the side, LF cross behind RF

3-4RF step forward with $\frac{1}{4}$ turn to the R, LF step forward

5-6 Pivot $\frac{1}{2}$ turn to the R, LF step to the side with $\frac{1}{4}$ turn the R

7-8RF cross behind LF, LF step to the side

S4. Cross rock, recover, side chasse, Cross rock, Recover, Shuffle with $\frac{1}{4}$ turn

1-2RF cross rock, recover

3&4RF side chasse

5-6LF cross rock, recover

7&8LF side chasse with $\frac{1}{4}$ turn to the L

S5. Step forward, Touch, Shuffle $\frac{1}{2}$ turn X2, Sway with $\frac{1}{4}$ turn, Recover

1-2RF step forward, LF touch next to RF

3&4LF shuffle forward with $\frac{1}{2}$ turn to the L

5&6RF shuffle back with $\frac{1}{2}$ turn to the L

7-8LF sway to the L with $\frac{1}{4}$ turn to the L, recover

S6. Weave with $\frac{1}{4}$ turn, Cross, Step back with $\frac{1}{4}$ turn, Side chasse

1-2LF cross in front of RF, RF step to the side

3-4LF cross behind RF, RF step forward with $\frac{1}{4}$ turn to the R

5-6LF cross in front of RF, RF step back with $\frac{1}{4}$ turn to the L

7&8LF side chasse

S7. Rock forward, recover, Step back, Together, Shuffle forward, Step forward, Pivot $\frac{1}{2}$ turn

1-2RF rock forward, recover

3-4RF step back, LF step next to RF

5&6RF shuffle forward

7-8LF step forward, pivot $\frac{1}{2}$ turn to the R

S8. Step forward, Pivot $\frac{1}{4}$ turn, Cross rock, Recover, Side rock, Recover, Behind, Side, Cross

1-2LF step forward, pivot $\frac{1}{4}$ turn to the R

3-4LF cross rock, recover

5-6LF side rock, recover

7&8LF cross behind RF, RF step to the side, LF cross in front of RF

TAG :

1-2RF side rock, recover

3-4RF back rock, recover

At wall 2 and 6 after the 2nd section : TAG & RESTART the dance

At wall 4 after the 6th section : TAG & RESTART the dance