

Oneway

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Count: 32 **Wall:** 4 **Level:** Beginner Country

Choreographer: Antonio Manigas - April 2020

Music: "Oneway" by Malena Stark feat. Eli V

Intro: 2 counts, 3 sec. into track - dance begins with weight on L

Restart: There are 2 restarts - on wall 3 and 6 after 16 counts On wall 3 you'll be facing 3.00 and on wall 6 you'll be facing 6.00

[1-8] Fwd., 1/4, cross with sweep, cross, side, back rock, 1/4, 1/4, weave

1-2&3(1) Step fwd. on R, (2) step fwd. on L, (&) turn 1/4 R, (3) cross L over R sweeping R from back to front 3.00

4&5(4) Cross R over L, (&) step L to L, (5) rock back on R 3.00

6&7(6) Recover onto L, (&) turn 1/4 L stepping back on R, (7) turn 1/4 L stepping L to L 9.00

&8(&) Cross R over L, (8) step L to L, (&) cross R behind L 9.00

[9-17] Side with prep., 1 1/4 pencil turn, basic, basic, side, behind, 1/4, fwd.

1-2(1) Step L to L prepping for 1 1/4 R, (2) on ball of R make 1 1/4 R 12.00

3-4&(3) Step L to L, (4) rock back on R, (&) recover onto L 12.00

5-6&(5) Step R to R, (6) rock back on L, (&) recover onto R 12.00

7-8&(7) Step L to L, (8) cross R behind L, (&) turn 1/4 L stepping fwd. on L 9.00

1(1) Step fwd. on R 9.00

Pencil turn Turning in place on ONE foot while the other foot stays pressed close in 1st position, but does not touch the floor.

NOTE: Restart here on wall 3, you'll be facing 3.00 Restart here on wall 6, you'll be facing 6.00

[18-24] Mambo, side rock, cross, unwind 3/4, behind, side, cross rock, side

2&3(2) Rock fwd. on L, (&) recover onto R, (3) step back on L 9.00

&4(&) Rock R to R, (4) recover onto L, (&) cross R over L 9.00

5(5) Unwind 3/4 L sweeping L 12.00

6&7(6) Cross L behind R, (&) step R to R, (7) cross L over R 12.00

8&(8) Recover onto R, (&) step L to L 12.00

[25-32] Cross, 1/4, 1/2, 1/2, back rock, 1/2, 1/4 with sweep, cross, side rock, cross, 1/4, 1/2

1&(1) Cross R over L, (&) turn 1/4 R stepping back on L 3.00

2&(2) turn 1/2 R stepping fwd. on R, (&) turn 1/2 R stepping back on L 3.00

3-4&(3) Rock back on R prepping to turn L, (4) recover onto L, (&) turn 1/2 L stepping back on R 9.00

5-6&(5) Turn 1/4 L stepping L to L side sweeping R, (6) cross R over L 6.00

&7(&) Rock L to L, (7) recover onto R, (&) cross L over R 6.00

8&(8) Turn 1/4 L stepping back on R, (&) turn 1/2 L stepping fwd. on L 9.00

Ending: Wall 9 is the last wall, begins facing 12.00 - dance the first 3 sections, then just step fwd. on R sweeping L on the very last count.

Contact: lovelinedance@live.dk

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