

# At My Worst

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Sally Hung (TW) - June 2021

**Music:** - Pink Sweat\$

**Intro: 32 counts from heavy beats - No Tag, No Restart**

**S1. SIDE, BEHIND TOUCH, SIDE, BEHIND TOUCH, WALK BACK R-L-R, POINT**

**1,2,3,4** Step R to the side, touch L behind R, step L to the side, touch R behind L

**5,6,7,8** Walk back on R-L-R, touch L toe to L side

**S2. CROSS, POINT, ¼ R, POINT, FWD ROCK, RECOVER, BACK, TOUCH TOGETHER**

**1,2,3,4** Cross step L over R, touch R toe to the R, ¼ R stepping R fwd, touch L to the L

**5,6,7,8** Rock L fwd, recover onto R, step back on L, touch R together

**S3. HALF RUMBA BOX FWD, ¼ L, ½ L, BACK, POINT**

**1,2,3,4** Step R to the side, step L together, step R fwd, touch L beside R

**5,6,7,8¼ L stepping L fwd, ½ L stepping R fwd, step back on L, touch R toe to the R**

**S4. V STEP, ¼ L, TOGETHER, HEEL BOUNCES TWICE**

**1,2,3,4** Step R to R diagonal, step L to L (shoulder width), step back R to the center, step L beside R

**5,6,7,8¼ L, step L together, heel bounces twice**

**Happy Dancing!**

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