

Groove

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Count: 32 **Wall:** 4 **Level:** Improver R&B Soul

Choreographer: Marc Mitchell – April 2020

Music: Groove With Me by Gareth Gates

Intro: 16 Count - No Tag - 2 Restart

S1: BASIC NIGHT CLUB RIGHT, LEFT WEAVE, SCISSOR, $\frac{3}{4}$ LEFT TURN

1, 2&3RF step to side, LF slightly behind RF, Recover on RF, LF step to side

4&5RF cross behind LF, LF step to side, RF cross over LF

6&7LF step to side, RF step together, , LF cross over RF

8& $\frac{1}{4}$ turn L stepping RF back, $\frac{1}{2}$ turn L stepping LF forward (3.00)

***Restart here on wall 5&7**

S2: FORWARD, DIAMOND, DIAMOND, FORWARD, RECOVER, BACK, BACK, $\frac{1}{8}$ TURN LEFT

1, 2 &3RF step forward, , LF cross over RF, RF step to side, $\frac{1}{8}$ turn L stepping LF back (01.30)

4&5RF step back, $\frac{1}{8}$ turn L stepping LF to side, $\frac{1}{8}$ turn L stepping RF cross over LF (10.30)

6&7LF step forward, Recover on RF, LF step back

8&RF step back, $\frac{1}{8}$ turn L stepping LF to side (09.00)

S3: RIGHT/LEFT CROSS ROCK, TOGETHER, RIGHT/LEFT CROSS FORWARD, TOGETHER

1,2&RF cross over LF, Recover on LF, RF step together

3,4&LF cross over RF, Recover on RF, LF step together

5,6&RF step forward, Recover on LF, RF step together

7,8&LF step forward, Recover on RF, LF step together

S4: BACK, $\frac{1}{4}$ TURN LEFT, RIGHT WEAVE, CROSS SHUFFLE, SWAY

1,2&3RF step back, LF sweep cross behind RF, RF step to side, LF cross over RF

4&5RF cross over LF, LF step to side, RF cross over LF

6,7,8LF step to side&sway L, R, L

Begin again

Restart :

On wall 5 after 8& count (12.00)

On wall 7 after 8& count (06.00)

For more information about this dance please contact me at: ksherrina@ymail.com

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