

# Break Up

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**Count:** 48

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Jo Myers, April 2020

**Music:** Break Up Song by Little Mix (amazon.co.uk or iTunes)

## One Restart on Wall 5 (See \*)

### #8 count intro - just before vocals

#### Section 1: Walk Walk, Right Rock & Cross, Left Rock & Cross, 3/4 Turn Left

- 1-2** Walk forward right. Walk forward left.
- 3&4** Rock right to right side. Recover onto left. Cross right over left.
- 5&6** Rock left to left side. Recover onto right. Cross left over right.
- 7-8** Turn 1/4 left stepping right back. Turn 1/2 left stepping left forward. (3:00)

#### Section 2: Rock Step 1/2 Turn Right, Full Turn Right, Shuffle Forward, Skate Forward

- 1&2** Rock forward onto right. Recover back onto left. Turn 1/2 right stepping right forward.
- 3-4** Make full turn right, stepping left back 1/2 turn. Step right forward 1/2 turn.
- 5&6** Shuffle step forward, stepping - left, right, left.
- 7-8** Skate right forward to right diagonal. Skate left forward to left diagonal. (9:00)

#### Section 3: Right Sailor Step, Left Sailor 1/4 Turn Left, Cross, Rondé Sweep, Cross Shuffle

- 1-2** Cross right behind left. Step left to left side. Step right to place.
- 3&4** Cross left behind right. Turn 1/4 left stepping right to right side. Step left beside right.
- 5-6** Cross right over left. Sweep left forward from back to front.
- 7&8** Cross left over right. Step right to right side. Cross left over right. (6:00)

#### Section 4: Modified Monterey 1/2 Turn Right, Rock & Cross, 3/4 Turn Left, Right Samba Step

- 1-2** Point right to right side. Turn 1/2 right stepping right next to left. (12:00)
- 3&4** Rock left to left side. Recover onto right. Cross left over right.
- 5-6** Step back on right making 1/4 turn left. Make 1/2 turn left stepping forward on left.
- 7&8** Cross right over left. Rock left to left side. Recover onto right. (3:00)

• **Restart: Wall 5 counts 7&8: Samba 1/4 turn - Cross right over left. Rock left to left side making 1/4 turn right. Recover onto right. Add '&' step: step weight onto left, then start the dance again (you will be facing 6:00).**

### **Section 5: Syncopated Weave Right, Cross Rock Side, Walk Walk, Out Out In In**

- 1&2&** Cross left over right. Step right to right side. Cross left behind right. Step right to right side.
- 3&4** Cross rock left over right. Recover onto right. Step left to left side.
- 5-6** Walk forward on right. Walk forward on left.
- &7** Step right out forward. Step left out forward.
- &8** Step right back to centre. Step left back beside right.

### **Section 6: Point Forward and Back (x2), Step Pivot 1/2 Turn Left, Step Pivot 1/4 Turn Left**

**1-2(Weight on left) Point right forward. Point right back.**

- 3-4** Point right forward. Point right back.
- 5-6** Step right forward. Pivot 1/2 turn left.
- 7-8** Step right forward. Pivot 1/4 turn left. (6:00)

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