

# At the Twist and Shout

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**Count:** 32                      **Wall:** 2                      **Level:** Improver

**Choreographer:** Roger Neff (USA) - April 2021

**Music:** - Mary Chapin Carpenter

## **Intro: 16 counts - No tags or restarts**

### **[1-8] R AND L LOCK STEPS FORWARD, MAMBO STEP, HITCH, COASTER STEP**

- 1&2**            Step fwd on RF, Lock LF, Step fwd on RF
- 3&4**            Step fwd on LF, Lock RF, Step fwd on LF
- 5&6&**          Rock fwd on RF, Recover on LF, Step back on RF, L Hitch
- 7&8**            Step back on LF, Close RF, Step fwd on LF

### **[9-16] POINT R TOE OUT-IN-OUT, CROSS SHUFFLE, TRIPLE STEP ¼ L, TRIPLE STEP ¼ L (6:00)**

- 1&2**            Point R toe out-in-out
- 3&4**            Step RF over LF, Step to L, Step RF over LF
- 5&6**            Triple step L,R,L turning ¼ to L (9:00)
- 7&8**            Triple step R,L,R turning ¼ to L (6:00)

### **[17-24] STEP L BEHIND R, STEP RF BESIDE LF, HEEL, STEP, CROSS SHUFFLE, STEP BACK ON LF, TOUCH R TOE BESIDE L, BACK ON RF, TOUCH L TOE BESIDE RF, L COASTER STEP**

- 1&2&**          Step back on LF behind RF, Step on RF beside LF, Touch L heel forward, Step back on LF
- 3&4**            Step RF over LF, Step to L, Step RF over LF
- 5&6&**          Step back on LF, Touch R toe beside LF, Step back on RF, Touch L toe beside RF
- 7&8**            Step Back on LF, Close RF, Step fwd on LF

### **[25-32] R SIDE ROCK CROSS WITH TOE-HEEL, L SIDE ROCK CROSS WITH TOE-HEEL, POINT R AND L TOES TO SIDE AND BACK, TOUCH R AND L HEELS FORWARD AND BACK**

- 1&2&**          Rock to R, Recover on LF, Cross RF over LF on ball of foot, Drop heel
- 3&4&**          Rock to L, Recover on RF, Cross LF over RF on ball of foot, Drop heel
- 5&6&**          Point R toe to side, Step home, Point L toe to side, Step home
- 7&8&**          Touch R heel forward, Step home, Touch L heel forward, Step home

**Contact Roger at: [lingofun@sbcglobal.net](mailto:lingofun@sbcglobal.net)**

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